

HIGHLIGHTS FROM THE BULLETIN



January 2023

In this issue:

- Presidents' Message
- Communication & Membership News
- Lunch & Speaker - Eva Wasney
- Current Issues and Actions
- CFUW
- Continuing Education Series - The Power of Art: Portraiture
- Friends of the Ralph Connor House
- January Menus
- Full January Calendar of Events



UNIVERSITY
**WOMEN'S
CLUB**

Co-Presidents' Message

As we begin 2023 we welcome everyone back to the Club as various committees and activities resume after the holiday break. Looking ahead, the next **UWC General Meeting will be held Monday, February 13, 2023** - mark your calendars. We look forward to seeing you soon at Ralph Connor House.

-Carolynne and Ellen

Communication and Membership News

Happy New Year! Happy New You!

Do you know someone looking to try something new this year? The **UWC Gift of Membership** is a terrific way to help your friends take the next step toward joining our wonderful community. And first-time members enjoy a discounted membership fee of \$100 for their first year. Take a peek at our Membership page [HERE](#) to learn more about the benefits of membership.



“The club is my home away from home. It’s a place where I can be myself while pursuing the many opportunities to learn in a comfortable setting and a place to socialize with friends, both old and new.”

- Lorraine Cook

Remembering...



Marilyn de von Flindt



Muriel Rhind



Pat (Laura) Campbell

Marilyn de von Flindt joined the University Women's Club in 2015, and was a great asset to the House & Grounds committee. You can find Marilyn's obituary on the [Neil Bardal Funeral Home website](#).

Muriel Rhind joined UWC in 1997 and was our Bulletin Editor until just a few months ago. Past Bulletin issues are available [on our website](#). Find Muriel's obituary on the [Ethical Death Care website](#). In lieu of flowers, Muriel's asked that donations be made to UWC in her memory.

Pat (Laura) Campbell was a long-time member, having joined in 1996. Although Pat hasn't been a member for a number of years, she was active for many years in the walking group and book clubs. You can read Pat's obituary on the [Arbor Memorial website](#).

Save the Date

February is heart health month. Please join us on Friday, **February 10th** as **Rhea Vaags-Olafson**, Director of Health & Fitness at the Reh-Fit Centre discusses **Women & Cardiovascular health**.



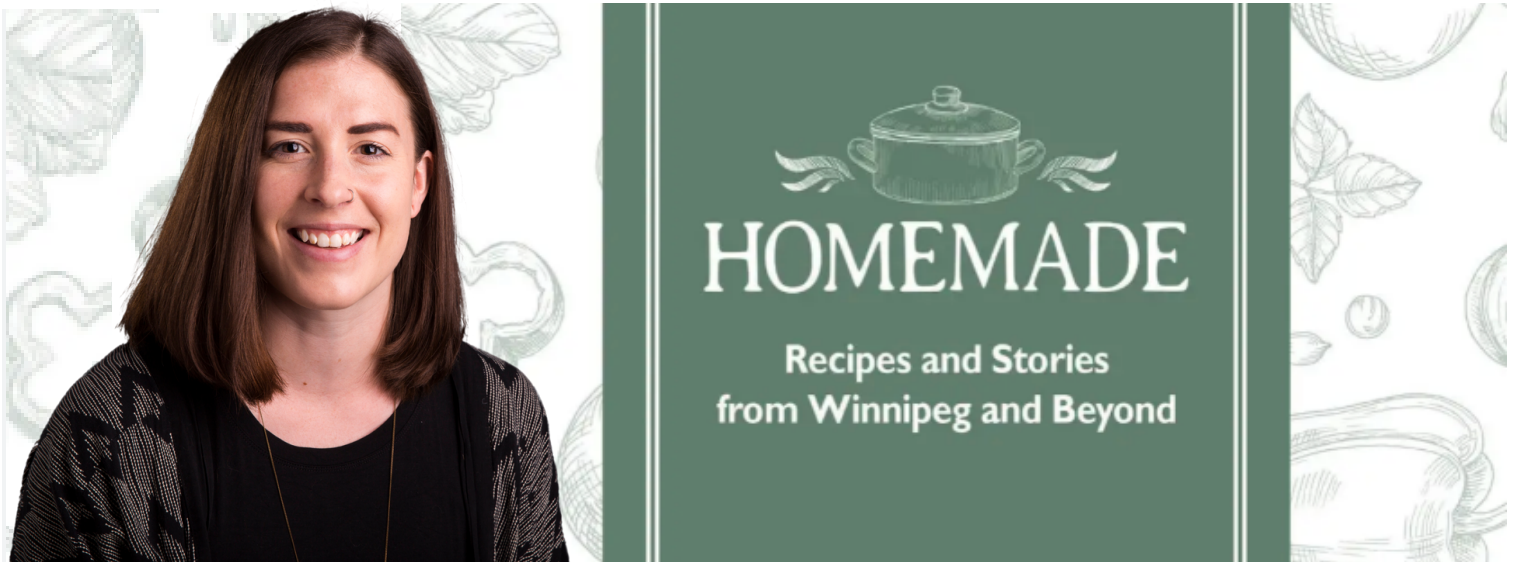


LUNCH AND SPEAKER

What's Cooking... Manitoba Style

On **Friday, January 13th** please join us for our Lunch & Speaker event "*What's Cooking... Manitoba Style*" with award-winning journalist **Eva Wasney**, who approaches every story with curiosity and care.

Please join us as Eva discusses food, music, and creativity in its many forms as an Arts and Life reporter with the Free Press. Her first book, **Homemade: Recipes and Stories from Winnipeg and Beyond**, a community cookbook celebrating the 150th anniversary of western Canada's oldest newspaper is now sold out, but is available to borrow from the Winnipeg Public Library!



Menu: Pickerel Almondine, Baby Potatoes, Mixed Veg, and Cherry Pie.

The cash bar opens at 11:30 and Lunch is at 12:00 with the program to follow. **\$23 for members and non-members.** Register today by signing up in the book at the club or by emailing uwc@mymts.net.

Current Issues & Actions



As we look back over the past year of activity in the Current Issues and Actions Committee, we remember our gratitude and relief to finally have the Club open again; our excitement to learn of the Speaker's response to our letter regarding decorum in the Legislative Assembly and our pleasure in establishing a connection with MLA, Lisa Naylor.

As a committee, we identified the CFUW resolution regarding **Single-Use Plastics and Packaging** as a target for local action. Our Christmas Market was an outstanding example of reducing our dependence on single use plastics.

And finally, our activities in recognition of the 16 Days of Activism Against Gender-Based Violence. This included our continued involvement in the **Shoebox campaign**. We contributed 21 boxes that were safely delivered and thankfully received by the Manitoba Shoebox Campaign. **Thank you to all those who contributed.** And secondly, the December 6th event in recognition of the anniversary of the massacre of women at the Ecole Polytechnique in Quebec. Our presentation from Dr. Jane Ursel was both informative and thought provoking. A capacity crowd of members and guests filled the drawing room. Special thanks to Mary Scott and Doris Mae Oulton for spearheading the organization of the event on very short notice.

While we say good bye to 2022, we look forward to an unfolding new year with new challenges and opportunities to take action in support of the purposes of the Club as stated in our constitution:

Article 2.

(c) To encourage intelligent concern and informed participation in public affairs in the cultural, socioeconomic, scientific, and political fields and to provide opportunity for effective action.

(d) To promote community welfare through concern for and involvement in the preservation of our heritage and through working towards a better environment for future generations.

Happy New Year!

The CIA Committee

On November 24th, twenty-five CFUW Members from across Canada met to discuss the roiling state of the Health Care System in Canada and **decided to form a National Study Group**. This group will look at staff and infrastructure related to Urgent care, primary care, neonatal care, pediatric care, surgical care, specialist care (OBGYN, midwives, neurological, renal, cardiac, cancer, etc), intensive care, palliative care, mental health care and addiction services They talked about the patterns we see in the Health Care system, both the similarities across provinces and the differences between provinces. They talked about the complexity of the system and what factors contributed to that complexity and shared related CFUW policies. There is more, much more to talk about - and do.

CFUW issued a press release on December 6th, and it can be viewed here:

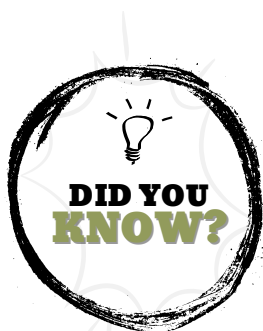
<https://cfuw.org/wp-content/uploads/2022/12/CFUW-Press-Release-Dec-6-Femicide.pdf>. I was pleased to see they included the serial killings of Indigenous women in Winnipeg. Also noted: "In Canada, we are seeing a 26% increase in the

killings of women and girls from 2019 to 2021, where the number of women and girls killed in Canada has reached 162 in 2022" (Canadian Femicide Observatory for Justice and accountability). By the way, you can read the summary report, and view photos and videos from the December 6th event **"Violence Against Women: The Myths that Silence Them"** held at Ralph Connor House, here :

<https://www.uwcwpgmb.com/events-courses/learn-dine/>

CFUW is also gearing up for meetings of the Commission on the Status of Women, at the United Nations in New York. **Anyone interested must apply by January 3rd**. You can apply and see background here:

<https://www.surveymonkey.com/r/D3HFBCF>



UWC currently consists of 102 members, 20 of whom joined in 2022!

- 80 Regular Members
- 17 Lifetime Members
- 1 Life Member
- 2 Emeritus Members
- 2 Non-resident Members

Continuing Education Presents...

The Power of Art: Portraiture - with Alison Gillmor

Sundays - February 19th, 26th, and March 5th. 1:30-3:30pm

Members: \$45 for the 3-part series Non-members: \$55

In this three-part art history course, Winnipeg writer and educator Alison Gillmor will look at portraiture, from Classical funerary commemorations to the European masters to contemporary selfies. While examining the history of the form, we will also discuss what portraits can tell us about class, race and gender; about realism and idealism; about power and propaganda; and about empathy and emotional connection.

A graduate of the University of Winnipeg and York University, Alison Gillmor writes on books, film, television, art and design for the Winnipeg Free Press, Border Crossings, Canada's History and Galleries West. She also teaches at the McNally Community Classroom.

Registration for club members begins **Monday January 16**. Non-members may register starting **January 23**. To register contact UWC at 204-954-7880 or uwc@mymts.net.

Mark
YOUR
Calendar



UNIVERSITY
**WOMEN'S
CLUB**

54 West Gate
204-954-7880
uwc@mymts.net





Please join the FRCH Board on **Monday, January 30th** at 1:30 for our **AGM**. All the latest news will be in the President's report presented at the meeting.

See the Notice of Motion to Amend The Constitution of Friends of The Ralph Connor House Inc. below.

1. In Item 15 under BOARD:

The UWC/FRCH Manager may attend Board meetings as required and shall participate with voice but without vote.

Delete in entirety – position no longer in place.

3. In Item 17 under Board:

The Heritage House Conservation Committee shall be a standing committee of FRCH and shall report to the Board through a designated Board member.

Delete in entirety – HHCC is no longer a committee

2. In Item 16 under Board:

The Construction Co-ordinator shall attend Board meetings as required and shall participate with voice but without voice.

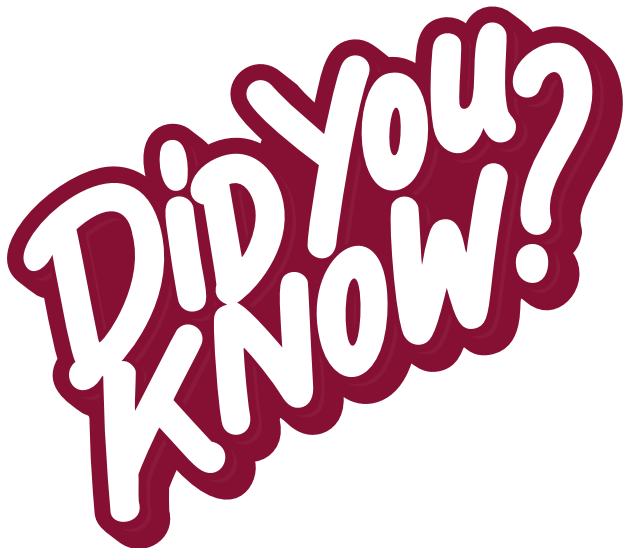
Delete in entirety – position no longer in place.

4. In Item 24 under GENERAL MEETINGS:

In order to vote on any FRCH matters, a member must have been a member of FRCH in good standing for at least three months **"with the exception of the meeting of June 11, 2008."**

Delete bold wording at end of sentence – this was a transition clause for the June 11, 2008 AGM,

Thank you, I look forward to seeing you at the meeting on the 30th :)
Your Friends of The Ralph Connor House Inc. Board of Directors - We wish you all a Happy, Healthy, and Prosperous New Year!!



Today, Friends of The Ralph Connor House (FRCH) owns 54 West Gate and undertakes its stewardship. The significant maintenance costs of the building are offset by making it available to the community as a rental venue as well as through fundraising efforts. UWC members (who have FRCH affiliation as part of membership) work to sustain the legacy of this architectural and historical treasure.



January Menus

All Tuesday lunches are \$23.00, which includes buns, coffee/ tea, taxes, and gratuity. The cash bar opens at 11:30 and lunch is served at noon.

Reservations are a must and should be made at least 48 hours in advance by signing up at the club, by phone, or by email. **Cancellations require 24 hours notice to avoid penalty.** Menu substitutions are available if requested in advance.

January Tuesday Lunches

Jan. 3 - NO LUNCH

Jan. 10 - Quiche Lorraine, Spinach Salad, and Chocolate Cake. Cheese and Broccoli Quiche available if requested in advance.

Jan. 17 - Chicken Mushroom Pasta with Alfredo sauce, Garlic Toast, Sherbet, and Cookies

Jan. 24 - Beef Vegetable Stir Fry, Rice, and Pound Cake with Lemon Sauce

Jan. 31 - Clubhouse Sandwich, French fries, Coleslaw, and Strawberry Shortcake

Program Lunch - \$23

Friday, January 13th - Pickerel Almondine, Baby Potatoes, Mixed Veg, and Cherry Pie.

Reservations are required for all meals and can be made by signing up at the Club or contacting uwc@mymts.net or 204-954-7880. Menu substitutions are available if requested in advance. **Please indicate any special preferences (seating, parking, etc.) at the time of registration.**


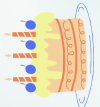
Ellen Peel

MAKE ANY OCCASION A HISTORIC EVENT



Ralph Connor House National Historic Site has been a venue of choice for a range of occasions including business meetings, seminars, graduation parties, memorials, and photoshoots - not to mention countless theatre and film productions. Whatever you're planning, our event specialist will ensure it exceeds your expectations.

JANUARY 2023

1	2	3	4	5	6	7
	Club Closed <ul style="list-style-type: none"> All-Day Photoshoot 	Club Closed <ul style="list-style-type: none"> All-Day Photoshoot Mystery Readers 	<ul style="list-style-type: none"> All-Day Photoshoot House & Grounds Committee 	<ul style="list-style-type: none"> All-Day Photoshoot Mahjong 		
8	9	10	11	12	13	14
	<ul style="list-style-type: none"> Program Committee Food Services Committee 	<ul style="list-style-type: none"> Lunch Social Bridge 	<ul style="list-style-type: none"> Walking Group at <u>Fort Whyte Alive</u> CIA Committee 	<ul style="list-style-type: none"> Archives Finance Committee Sun Room Group 	<ul style="list-style-type: none"> Cash Bar Opens Program Lunch Program Speaker - Eva Wasney 	
15	16	17	18	19	20	21
<ul style="list-style-type: none"> Winter Member Birthday Celebration  	<ul style="list-style-type: none"> Christmas Market Meeting Membership & Communications Meeting 	<ul style="list-style-type: none"> Lunch Board Meeting 	<ul style="list-style-type: none"> Out to Lunch Group at <u>Iaverna Rodos Restaurant</u> 	<ul style="list-style-type: none"> Archives Writing Group Sun Room Group 	<ul style="list-style-type: none"> Mahjong 	
22	23	24	25	26	27	28
		<ul style="list-style-type: none"> Continuing Ed. Committee Lunch Social Bridge 	<ul style="list-style-type: none"> Walking Group at <u>Bois-Des-Esprits</u> 	<ul style="list-style-type: none"> Archives Sun Room Group 	<ul style="list-style-type: none"> Scholarship Meeting Scrabble N' Babble 	
29	30	31	<p>I'll never understand why everybody puts so much emphasis on January 1. There are three hundred and sixty-four other days in the year that you can make a change. – Elizabeth Eulberg</p>			
	<ul style="list-style-type: none"> 1:30 - FRCH AGM 	<ul style="list-style-type: none"> Lunch 				