

HIGHLIGHTS FROM THE BULLETIN

February 2023



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Co-Presidents' Message

It is encouraging to see the days gradually becoming longer, but we still have lots of winter to go. Why not spend some time at the cosy and welcoming Ralph Connor House enjoying some of the many February events outlined in this Bulletin? There will be another **Power of Art** series, this time on Sunday afternoons, interesting and informative speakers, and all our regular activities to enjoy.

We are also pleased to announce that **UWC has been awarded the Centennial Organization Award** by the **Manitoba Historical Society**. The award is given to non-profit organizations that have operated continuously in Manitoba for 100 years or more, to recognize their often unheralded but significant contribution to all facets of life in Manitoba. The President of MHS will attend our **General meeting** to present the award!

We also hope you will attend the **General meeting** of all members on **Monday, February 13th** where you will hear about various initiatives at UWC and take part in the award presentation.

We look forward to seeing you soon.

Carolynne and Ellen

The Power of Art: Portraiture - with Alison Gillmor

Sundays - February 19th, 26th, and March 5th. 1:30-3:30pm

Members: \$45 for the 3-part series Non-members: \$55

In this three-part art history course, Winnipeg writer and educator Alison Gillmor will look at portraiture, from Classical funerary commemorations to the European masters to contemporary selfies. While examining the history of the form, we will also discuss what portraits can tell us about class, race and gender; about realism and idealism; about power and propaganda; and about empathy and emotional connection.

A graduate of the University of Winnipeg and York University, Alison Gillmor writes on books, film, television, art and design for the Winnipeg Free Press, Border Crossings, Canada's History and Galleries West. She also teaches at the McNally Community Classroom.

Registration is now open to all! This program is filling up quickly, so don't delay in registering! Register [ONLINE](#), by emailing uwc@mymts.net, or by calling 204-954-7880.

Communication and Membership News

Many Happy Returns to our Winter Birthday Celebrants!

What better way to spend a winter Sunday afternoon than sipping mimosas and enjoying cake and coffee at Ralph Connor House with your friends, family, and birthday pals! Seven members who have birthdays in either December, January, or February and their friends and family attended the UWC Winter Birthday Celebration, and shared baby pictures of themselves. How cute are these photos?



“The club is my home away from home. It’s a place where I can be myself while pursuing the many opportunities to learn in a comfortable setting and a place to socialize with friends, both old and new.”

- Lorraine Cook

Current Issues & Actions



Last month, we received a lovely thank you from Alex Todd, the Coordinator of The Shoebox Project for Women (Manitoba Chapter) that is intended for all who contributed. It reads:

...As we wait for our formal acknowledgements to be posted on our chapter webpage, I just wanted to personally express our appreciation to you and the University Women's Club for once again supporting our 2022 Holiday Shoebox Drive Campaign in such a meaningful way!

The Shoeboxes contained such thoughtful and caring contents which we know have been greatly appreciated by the recipients.

With your personal participation and great efforts in providing 21 Shoebox gifts, we delivered a total of 827 Shoebox gifts to partnering shelters and resource centres across Manitoba. It was a challenging year still for so many and while we hoped for a wider reach, we are very happy to know that "Love in a Shoebox" found its way to over 827 women needing validation and acknowledgment that they very much matter in this world. Our caring and generous community of donors, and supporters like the University Women's Club made that possible.

"Thank you" seems so little to say, but please know it is felt deeply... we are so fortunate to have your encouragement and participation.

We look forward to contributing next year as part of our ongoing commitment to support women in need.

As a follow up to Dr. Jane Ursel's presentation in December, we have formed a working group to prepare a brief for presentation to the Minister of Justice. This will outline our concerns related to intimate partner violence (IPV) and call for action on both the CFUW resolution "Strengthening Bail Laws to Protect Victims of Intimate Partner Violence" and the enactment of Clare's Law.

The Manitoba government has introduced Bill 43 (also known as Clare's Law), the disclosure to protect against intimate partner violence act, to give Manitoban's access to an intimate partner's documented history of violence and supports. Manitoba's proposed version of Clare's Law takes a unique "disclose and support" approach and Manitoba would be the first jurisdiction in the world to have access to public or community-based supports as a stated goal in legislation. As a new member to the Club, Jane Ursel has joined our working group.

After considering the unfortunate incidents in our legislature as reported on November 24, 2022, we look forward to contact with Speaker, Myrna Driedger, when she returns from time away.

Cont...

Did you know? On June 22, 2022, the Government of Canada published the Single-use Plastics Prohibition Regulations. To prevent plastic pollution, the Regulations prohibit the manufacture, import, and sale of six categories of single-use plastics that pose a threat to the environment.

Those are: checkout bags, cutlery, ring carriers (designed to surround beverage containers in order to carry them together), stir sticks, food service ware, and drinking straws.

Have you managed to reduce your dependence on single-use plastics?
Make it a goal for 2023.



International Women's Day

Friday, March 10th, 2023

Join us as we welcome Wilma Derksen, recipient of the Order of Manitoba, to UWC. Wilma will tell us her compelling story of how the murder of her daughter

Candace completely changed her identity and the direction of her life to one of advocacy for families impacted by violent crimes. Registration for this event will open closer to March.



In November 1984 Wilma and Cliff Derksen's 13-year-old daughter, Candace, went missing on her way home from school in Winnipeg, Canada. It wasn't until 22 years later that Mark Grant was charged with her murder and received a 25 year life sentence. However in 2017, Grant was found 'not guilty' in a second trial and released.

Strength, conviction, grit, compassion and forgiveness are words used to describe Wilma Derksen. Learn more about Wilma on her [website](#) or on the Forgiveness Project's [site](#).

Scan this QR code to stay in touch
with the University Women's Club



CFUW Report for February 2023.

There have been a few staffing changes with the CFUW office, including Jaime Beagan joining CFUW as Executive Director on Feb 6, 2023. She is currently the Director of Programs & Services, Student Association of MacEwan University (SAMU) in Edmonton, Alberta. Elizabeth Malcolm has joined as the new Member Engagement Coordinator and Paige Inglis continues as the National Advocacy Coordinator. We welcome these appointments, and look forward to working together on common issues.

Pertinent to these appointments, I do see that **CFUW intends to have a "meet and greet" on February 16 - time to be determined.** It will be an opportunity to meet the national office team and talk with the national board as well. We are thinking if it's at a convenient time, **we might set something up at the Club, so do watch the UWCW Week at a Glance announcements.**

Do you have an interest or story to share re long term care? Here is something to consider: **Collecting stories of Long Term Care (LTC) across the country**

The Long Term Care and Older Persons' Rights Study Group would like to hear your stories and experiences with Long Term Care (LTC). By collecting stories from across the country, we hope to create a national picture of LTC in Canada. **Submit your story [HERE](#).**



Interested in receiving regular newsletters from CFUW? You can register [HERE](#).





UNIVERSITY
**WOMEN'S
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LUNCH AND SPEAKER

Getting to the Heart of the Matter!

On **Friday, February 10th** please join us for our Lunch & Speaker event
"Getting to the Heart of the Matter!"

Heart disease is the number one killer of women worldwide and the leading cause of premature death in Canadian women. Come learn about gender-specific risk factors for heart disease, how symptoms of heart disease may differ and steps you can take to manage your heart health. **Rhea Vaags-Olafson**, Director of Health and Fitness, at the Reh-Fit Centre, and **Jacqueline Hay**, Program Supervisor, *Her Heart Her Way* program, discuss how to be mindful, curious and pro-active in the management of heart health and wellness.



Rhea Vaags-Olafson



Jacqueline Hay



Menu: Salmon with Mango Salsa, Rice, Broccoli, Lemon Chiffon Torte

The cash bar opens at 11:30 and Lunch is at 12:00 with the program to follow. **\$23 for members and non-members**. Register today by signing up at UWC, calling 204-954-7880. emailing uwc@mymts.net, or ONLINE.

If you sign up for the lunch and speaker, you will be eligible to win a fabulous Valentine's Day door prize to be drawn at the event!



UNIVERSITY
**WOMEN'S
CLUB**

DINNER AND SPEAKER

An Eye on the Future with Paul Samyn

Join us on **Wednesday, February 22nd**, for our Dinner and Speaker event *An Eye on the Future* with Paul Samyn.



Paul Samyn



Paul Samyn has been part of the Free Press newsroom for more than a quarter century, working his way up after starting as a rookie reporter in 1988. And if you count the time he spent delivering the newspaper as a boy growing up in St. James, his connection to the Free Press goes back even further. Please join us as Paul discusses the on-going challenges of the newspaper industry, and looking ahead to the future as the Free Press passes its 150 year milestone anniversary.

The cash bar opens at 5pm and dinner is at 6pm with the program to follow. \$35 for members and non-members. **Invite your friends and family to enjoy this wonderful evening at the Club.**

Menu: Ham, Scalloped Potatoes, Mixed Corn and Peppers, Orange Romaine Salad, Blueberry Squares. Substitutions available if requested in advance. Cancellations must be received 24 hours in advance to avoid penalty.

Register today by signing up at UWC, emailing uwc@mymts.net, calling 204-954-7880, or [ONLINE](#).

FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		"Love, you know, seeks to make happy rather than to be happy." Ralph Connor				
5 Private Event	6 <ul style="list-style-type: none">Program Committee MeetingMonday Afternoon Book Club	7 <ul style="list-style-type: none">STF ArchivesLunchContemporary Lit. Book Club	8 <ul style="list-style-type: none">Walking Group at Whittier ParkCIA Committee	9 <ul style="list-style-type: none">Sun Room Group Private Event	1011:30 - Cash Bar Opens 12 - Program Lunch 1:15 - Getting to the Heart of the Matter Program	11 Private Event
12	13 <ul style="list-style-type: none">UWCW General Meeting	14HAPPY Valentines DAY <ul style="list-style-type: none">LunchSocial Bridge	15	16 <ul style="list-style-type: none">Writing GroupFinance Committee MeetingSunroom Group	17 <ul style="list-style-type: none">Mahjong	18 Private Event
191:00 - Power of Art Week 1	20Journée Louis Riel Day Club Closed	21 <ul style="list-style-type: none">LunchBoard Meeting	22 <ul style="list-style-type: none">Walking Group at Assiniboine Forest5:00 - Dinner and Speaker Paul Samyn of the Free Press	23 <ul style="list-style-type: none">Sun Room Group	24 <ul style="list-style-type: none">Scrabble	25
261:00 - Power of Art Week 2	27	28 <ul style="list-style-type: none">LunchSocial Bridge	"If January is the month of change, February is the month of lasting change. January is for dreamers... February is for doers." Marc Parent			