

HIGHLIGHTS FROM THE BULLETIN



July 2023

In this issue:

- Co-Presidents' Message
- Communication & Membership News
- Photos from June
- August Speaker and Lunch Event
- FRCH
- CFUW
- In Memoriam
- UWC Groups
- July and August Menus
- Full July Calendar of Events



UNIVERSITY
**WOMEN'S
CLUB**

Co-Presidents' Message

It's summertime and the livin' is easy ... at 54 West Gate! Although we take a breather from many of our regular meetings and activities, there are still lots of reasons to come to the University Women's Club this summer.

To begin with, here is an update on the hours for the club from July 4 through September 1. Any exceptions to these hours (special events, external bookings) will be noted in the Bulletin and/or Week at a Glance.

July Regular hours, Monday to Friday, 9:30 to 4:30

August Summer hours, Tuesday to Thursday, 10:00 to 4:00

Elsewhere in this Bulletin you will find information about planned events:

- CFUW Electronic AGM - all club members are welcome to come to the club on **Sunday July 9** and tune in to the policy session where clubs across the country will vote on this year's CFUW resolutions
- Play Mahjong **on Thursdays!**
- Summer buffet lunches **on Wednesdays** - dates, menus and pricing
- A special summer barbecue - the evening of **July 27**

And you will find a welcome any season of the year when you drop in to the club. It's a great time to introduce a friend to our beautiful house or just enjoy a quiet cup of coffee.

Wishing all of you a great summer,

Ellen and Sue

From Book Cover To Cushions



The ad hoc Archives Committee discovered a three ring photo album that had a removable fabric cover designed to fit the binder. Knowing that the cover would not be accepted by Manitoba Archives, and rather than discarding the cover, an "executive decision" was made to convert the cover into two small cushions that would nicely fit the decor of our House. We have Heather Menzies to thank for transforming the book cover into cushions.

Communications and Membership News

Coming Soon!

We are excited to announce a new membership benefit! By early July members will be able to drop in any afternoon that UWC is open for an appropriately chilled adult beverage! The staff will be available to serve you our fantastic cocktails, mocktails and more. We will also have a small "For Purchase" menu available should you want a little snack. What better way to enjoy an afternoon in our beautiful clubhouse! Stay tuned for details.



Future First Aid Training Opportunity

Is it time to update your First Aid Certification? First Aid Training for staff and interested members will be conducted at UWC in the fall. The 4 hour training is offered for only \$80 dollars if we have enough participants. That's a great investment in the future! Contact Jolene at uwcadmin@mymts.net if you think you might be interested. This course covers everything you'll need in a basic first aid emergency. Upon completion of the course you receive a wallet card as well as PDF certificate valid for 3 years.

5 Stars for Ralph Connor House

We have worked hard over the last year to increase our online presence and we are delighted when we see reviews such as the one below. Congratulations to Penni and her crew for providing an exceptional tour of Ralph Connor House as part of Doors Open Winnipeg.



Kathy Furst

Local Guide · 48 reviews · 41 photos



a day ago

NEW

We were at Doors Open Winnipeg and chose this house. The tour was fabulous. There was someone outside, and then another on the main level, and also a guide on the 2nd floor. They all knew this house and Ralph Connor's story and gave us so much fascinating information. It included that this was his pen name for his many many books. His real name was Reverend Gordon and he maintained his status as a church leader at the same time as being a novelist. It was built in 1913 at a cost of \$50,000 when homes were being built for \$1,000. If it is open again to the public I recommend going and soaking up some history!

Communications and Membership News... Part II

Coffee Corner

Did you know???? The Self-Serve Coffee Bar served **almost 300** complimentary cups of coffee and tea during the September to April period. A small contribution to the piggy bank beside the Keurig machine or a donation of your favourite pods will help sustain this well-used member benefit.



Deborah Brown, Communications and Membership Chair

UWC Photos from June



The living room got a complete makeover for a recent wedding



A shot from our Leadership Appreciation Bar 54.

LUNCH AND SPEAKER

From Winnipeg to Reykjavik: the Path of a Canadian Ambassador



54 WEST GATE

Ekki missa af þessum frábæra viðburði! (That's Icelandic for "Don't miss this great event!"). On **Wednesday, August 2nd**, Jeannette Menzies, Ambassador of Canada to Iceland, will speak to the University Women's Club of Winnipeg. Jeannette was appointed Canada's Ambassador to Iceland in January 2021. She has served for over 22 years in Canada's Foreign Service, with assignments in Ankara, Anchorage, Oslo and now Reykjavik. **Please join us for an engaging conversation about Arctic and Antarctic issues and her career journey in Canada's Foreign Service.**



DID YOU KNOW?

Canada has the largest ethnic Icelandic population outside Iceland, and Manitoba has the largest segment of that population!

Bar Opens: 11:30 Lunch: 12:00 Speaker: 1:15 pm
\$25 for Members and Non-Members

Menu: Summer Buffet Lunch - Cajun Shrimp Skewers, Orzo Salad, Spinach Salad, Devilled Eggs, Rye Bread, Lemon Squares with Berries

Register for this event [online](#), by emailing uwcadmin@mymts.net, calling 204-954-7880, or signing up in-person at UWC.

Payment upon registration is preferred but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Registrations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).

Hello Everyone,

We hope you are enjoying this wonderful summer weather !

FRIENDS OF THE
RALPH CONNOR
HOUSE INC.



Ralph Connor House participated in Heritage Winnipeg's Doors Open on Sunday, May 28, for the first time since 2019.

Our Guided Tours ran from 11:00 to 5:00 with the last tour at 4:30. We saw *355* guests take the tour on a very hot day, but they did not seem to mind the wait outside, as there was some shade along the property line at the south entrance.

The FRCH Board of Directors would like to take this opportunity to extend a *HUGE* "THANK YOU" to all the fantastic Volunteers who spent a long, hot, tiring day, giving their all to make sure our guests had an amazing experience at Ralph Connor House. Hopefully everyone has now recovered!!

Your Friends of The Ralph Connor House Inc. Board of Directors



THE POWER OF WOMEN WORKING TOGETHER
LA PUISSANCE AU FÉMININ: ENSEMBLE POUR RÉUSSIR.

For this Bulletin, I would like to share remarks by Joy Hurst, CFUW President, as well as share information regarding participating in AGM events.

Embrace Change. Embrace Equity.

It has been a challenging but rewarding time as we collectively regroup post pandemic. Hybrid working and gatherings has many advantages which are here to stay. 2023 provincial and regional AGMs were a mix of in person and online events and CFUW members will continue to benefit from outstanding CFUW hosted and sponsored virtual workshops/webinars in 2023-2024.

2022-2024 National Board members are aware that we provide leadership at a unique point in CFUW's history. The Board and the national staff team are working together to provide supports to clubs for membership growth and the sustainability of CFUW as a leading Canadian women's organization improving the status of women and advancing the common good.

As economic, social and political environments change significantly, there is even greater need for collective action to promote equity and to ensure that truly no one is left behind. I encourage members to attend pre-AGM workshops and the upcoming national AGM to gain a better understanding of CFUW activity. Fortunately, all CFUW clubs are in good standing, having paid dues in full for the fiscal year of 2023-2024 so are eligible to vote at the AGM.

--- Joy Hurst, President.

Sending best wishes to all UWCW members for a healthy, happy, and restful summer!

Mary Scott
CFUW Liaison

In Memoriam

We were saddened to learn of the sudden passing of our member Barbara Crutchley. Barb joined UWC in 2016 after retiring from the University of Manitoba where she worked for over 30 years. Many members who worked with Barb at U of M enjoyed catching up when she came to the club. Barb's obituary was recently published in the Winnipeg Free Press Passages, available online [HERE](#).

Sunroom Group

Summer is upon us and our last meeting for the year was June 22. I wish you all a healthy and peaceful holiday break and look forward to September. Meanwhile dust off some old memories and anecdotes to share when we meet again.

Don't forget the wonderful Wednesday luncheons all summer and enjoy them with some friends.

Out to Lunch Bunch



Thank you to everyone who has attended Out to Lunch during the past season. It's wonderful to have so many "regulars."

Our next Out to Lunch should be fun. It will be at The Half Moon Drive In on Henderson Highway near Lockport. Car pooling is definitely a good option. Details to be confirmed in the next Bulletin, but if you want to check the menu now click here: halfmoondrivein.com

Don't Feel Like Cooking Dinner?

JOIN UWC FOR THEIR SUMMER BBQ DINNER - \$35

Thursday, July 27th 54 West Gate

Cash Bar opens at 5:00PM, **Dinner** served at 6:00PM

6 oz. barbecued New York steak Madagascar - choice of medium rare or medium well done. Substitutions available if requested in advance. Potato salad. Tomato basil and feta salad. Rolls. Blueberry square

Reservations for the Steak Dinner can be made by emailing uwcadmin@mymts.net, calling 204-954-7880 or by following the links on our website - www.uwcwpgmb.com

A minimum of 15 reservations is required to proceed. Payment upon registration is preferred but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Registrations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).

Summer Buffet Lunches

EVERY WEDNESDAY IN JULY AND AUGUST

Wednesday buffet lunches are \$25 each, and include the usual tea/coffee, taxes and gratuity. The cash bar opens at 11:30 and Lunch is at 12:00. A minimum of 15 reservations is required for each buffet to proceed.

Summer Meals Reservations - Sign up for the summer buffet luncheons and the July 27th Steak Dinner by emailing uwcadmin@mymts.net, calling 204-954-7880, or online [HERE](#).

July 5 • Chicken satay • Devilled eggs • Orangey romaine salad • Orzo salad • Rolls • Lemon pound cake with lemon sauce

July 12 • Chilled asparagus and cheese frittata • Cold cuts • Waldorf salad • Cheese tray • Raw veggies and dip • Rolls • Peanut butter chocolate torte

July 19 • Nicoise salad • Caesar salad • Chilled sliced ham • Tossed salad • Rolls • Rhubarb crisp

July 26 • Chutney chicken salad • Cucumber, watermelon and black bean salad • Vegetable pasta salad • Sliced tomatoes with mozzarella and basil • Rolls • Chocolate cake

August 2 • Cajun shrimp skewers • Orzo salad • Spinach salad • Devilled eggs • Rye bread • Lemon square with berries

August 9 • Summer Cobb salad with corn and green beans • Chilled sliced roast beef with horseradish sauce • Tossed salad • Corn bread • Melon slices • Shortbread cookies

August 16 • Chilled salmon • Chilled pork tenderloin • Greek salad • Potato salad • Rolls • Rhubarb crisp with whipped cream

August 23 • Chilled chicken florentine • Sliced roast beef with horseradish sauce • Orangey romaine salad • Pasta salad • Soda bread • Sticky toffee pudding

August 30 • Chilled cheese and red pepper frittata • Cold cuts • Broccoli salad • Caesar salad • Focaccia • Blueberry peach crisp

Payment upon reservation is preferred but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Reservations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).

JULY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>There are no limits to the majestic future which lies before the mighty expanse of Canada with its virile, aspiring, cultured, and generous-hearted people. ~ Winston Churchill</p>						
2	3 Club Closed for Canada Day	4	5 11:30 - Bar Opens 12:00 - Summer Lunch Buffet	6 Mahjong	7	8 
9 CFUW Virtual AGM and Express Lunch	10	11	12 11:30 - Bar Opens 12:00 - Summer Lunch Buffet	13 Mahjong	14	15
16	17	18	19 11:30 - Bar Opens 12:00 - Summer Lunch Buffet	20 Mahjong	21	22 External Booking
23	24	25	26 11:30 - Bar Opens 12:00 - Summer Lunch Buffet	27 Mahjong 5:00 - Bar Opens 6:00 - UWC BBQ Dinner	28	29 External Booking
30	31	<div>  <p><i>When all else fails, take a vacation.</i></p> <p><i>- Betty Williams</i></p>  </div>				

The University Women's Club acknowledges that we are on Treaty 1 Territory, the ancestral lands of the Anishinaabeg, Cree, Oji-Cree, and Dakota and the Dene peoples and the homeland of the Metis Nation. We acknowledge that our water is sourced from Shoal Lake 40 First Nation. As treaty people we seek to live in respect on this land and live in peace and friendship with all our relations.