

# HIGHLIGHTS FROM THE BULLETIN

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October 2023

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BOO!



# Co-Presidents' Message

Welcome to your UWC October Bulletin — an issue filled with information on all that is happening at 54 West Gate. There are times to learn, times to share meals, and times to contribute to the club's success. We encourage you to reconnect with the activities you love, and to try something new as well!

Within these pages, don't miss:

- Christmas Market - the volunteers' binder is ready for you to sign up to help with set-up, take-down, and at various stations during the two-day sale. This is our biggest fundraiser of the year, and we need YOU to make sure all our vendors and shoppers keep this event on their annual "Must Do" list.
- Continuing Education - there is still time to register for the October **Living with Climate Change** course. Come and gain new perspectives on this global challenge. And mark your calendar! November's course with **John Einarson** offers a fun and educational way to spend a Sunday afternoon.
- History enthusiasts and lovers of all things spooky won't want to miss Shelley Sweeney's presentation at the **October 25** dinner on the Hamilton Family seance collection.

And it's never too soon to plan for seasonal gatherings. Perhaps this is the year to bring your family and friends to Ralph Connor House for a private lunch or dinner. Just think, no dishes to wash!

See you around the Club!

Sue and Ellen



## Communications and Membership News



### Bar 54 - Halloween Style

October's Bar 54 is scheduled for **Thursday October 26th**. This Halloween themed event promises to be spooktacular! Drop in for some tricks and treats. Details will be announced closer to the date.

### Fall Birthday Celebration

The Membership Committee will be hosting the Fall Birthday Celebration on **Sunday, October 29th**. Members whose birthday falls during September, October, or November will receive an invitation and are encouraged to bring a guest or two. All members are welcome to join the celebration. Last year we asked members to bring a baby picture of themselves and had a lot of fun guessing which picture matched with which member... What will we do this year I wonder??

# In Memoriam

We were sad to learn of the recent passing of one of our members, Sheila Andrich. Sheila was a member of UWC for 53 years. Before retiring Sheila worked as a Librarian for the University of Manitoba Libraries. Her obituary can be found online [here](#).



## Program Committee

We hope that you have our upcoming programs in your calendar. Enjoy the meal and the speaker, or if you can't make it for the meal, just join us for the speaker.

There is still some space for our **September 29** lunch with **Sara Orlesky**, a well-known local sports broadcaster. Be sure to [register](#) by Wednesday September 27th at noon if you'd like to join for lunch.

We are postponing the musical afternoon previously planned for **October 22**. Stay tuned for a new date.

Later in **October**, for the dinner program on the **25th**, as Halloween approaches, we will welcome **Dr. Shelley Sweeney** to tell us about the somewhat spooky Hamilton Family seance collection at the U of M archives. Shelley is Archivist Emerita and Retired Head, University of Manitoba Archives & Special Collections.

And we are pleased to announce that on **November 9**, our lunch program will feature **Joanne Lewandoski**, Ukrainian Canadian Congress, Manitoba Provincial Council President. Learn about the experience of Ukrainian newcomers here in the past 18 months,

Here's to an interesting and enriching autumn.

Rosalyn Howard, Program Committee Chair

# DINNER AND SPEAKER

## The Hamilton Collection: Winnipeg's Paranormal History



UNIVERSITY  
**WOMEN'S  
CLUB**

54 WEST GATE

How do we explain what is seen in the Hamilton Collection? Over 700 photographs and more than 1300 notes and accompanying documentation pertain to the seances held in the Hamilton's home between 1918 and 1945. The images detail numerous aspects of spiritualism including telekinesis, teleplasm, trance states, and various other paranormal psychic phenomena.

Join us on **Wednesday, October 25th** as **Dr. Shelley Sweeney** presents on the origins of these intriguing papers held by the University of Manitoba Archives. She will provide insight into Dr. T.G. (Thomas Glendenning) and Lillian Hamilton, the couple behind the séances that drew the interest of such distinguished persons as Sir Arthur Conan Doyle and Prime Minister Mackenzie King. She will also explore what it is about the collection that continues to captivate local, national, and international interest.



*On the left, two photos of  
"exteriorized teleplasms".  
On the right, a seance in progress.*



**Bar Opens: 5:30 Dinner: 6:00 Speaker: 7:15 pm**  
**\$35 for Members and Non-Members**

**Menu:** Cajun Shrimp Skewers · Rice · Ratatouille · Tossed Salad with Vinaigrette Dressing · Chocolate Peanut Butter Torte. *Substitutions available if requested at time of registration.*

**Register for this event online, by emailing [uwc@mymts.net](mailto:uwc@mymts.net), calling 204-954-7880, or signing up at UWC.**

Payment upon registration is preferred but may be received at the door by cash, cheque, or credit card. If paying by e-transfer please send funds to [cnattress@shaw.ca](mailto:cnattress@shaw.ca) (autodeposit). Refunds will be provided with a minimum 24 hour notice. Registrations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).





 UNIVERSITY  
WOMEN'S  
CLUB

41st Annual  
*Christmas*  
**MARKET**

at 54 West Gate

**Friday, November 3**

10 am to 5 pm

**Saturday, November 4**

10 am to 4 pm

Three floors of Manitoba crafts and giftware  
for your home, family, and friends

**Bake Shoppe**

- delicious choices of single & family servings

**Boutique**

- wide variety from local crafters

**Treasure Trove**

- gently used items seeking new homes

**Ralph's Bistro**

- enjoy a wonderful lunch

**The Gallery**

- artwork

**Admission: \$4.00**

**\*Please bring your reusable shopping bags\***

University Women's Club of Winnipeg  
Celebrating 114 years - 1909-2023  
54 WEST GATE RALPH CONNOR HOUSE

204.954.7880  
uwcc@mymts.net  
[WWW.UWCWPGMB.COM](http://WWW.UWCWPGMB.COM)

# ANNUAL SCHOLARSHIP TRUST FUND CELEBRATION

HIGHLIGHTING The UWC Scholarship Trust Fund GRADUATE SCHOLARSHIP

**GUEST SPEAKER: ASHLEY SCHERS**

**FRIDAY, OCTOBER 20, 2023,  
1:30 P.M. - 3:30 P.M.**

**Ashley Schers** is the recipient of the 2019-2020 UWC Scholarship Trust Fund Graduate Scholarship, Faculty of Arts, University of Manitoba, and has attained her Master of Arts in Archival Studies, Dept. of History, University of Manitoba. She is currently Archivist, Hudson's Bay Co. Archives, Archives of Manitoba.



The Hudson's Bay Co. holds some of the oldest records of early Canadian history starting long before Confederation, and documenting interactions with Indigenous peoples before the formation of a federal government. As an archivist for the HBCA, the primary objectives and activities of our speaker focus on these records and how to present them to the public.

A lot of her work has concentrated on the families and personal stories relating to Indigenous peoples found in the financial accounts of the HBC fur trading posts. A very important aspect of her work is how the information can be provided to Indigenous communities doing research on their own ancestors and histories.

**The program will be presented on the Main Floor of Ralph Connor House. Refreshments will be served in the Dining Room. There will be a \$10 charge for the refreshments.**



To register, please sign up at UWC, by calling 204-954-7880, or emailing [uwcmymts.net](mailto:uwcmymts.net) to join us and bring a guest to enjoy an informative and interesting afternoon.

**Donations to our Scholarship Trust Fund are accepted either by submitting or mailing a cheque to the Scholarship Trust Fund at 54 West Gate or online at Canada Helps by searching for UWC Scholarship.**



Realizing potential. For all women.  
Le pouvoir par le savoir.

CFUW has a new brand, a new look and a new logo! How do you like it?

The project started back in the spring of 2022. We actually held a “conversation circle” last year at the Club, and provided input: basically that we thought it was best to keep the cfuw name, as it is recognized, but not feature the “university”.

So - the logo represents an opening book – seen to be the foundation in learning and education. It is open and expanding. CFUW has a long history, with many achievements, and a diversity of members – so a mosaic, a lotus flower. The flame, the bright orange in the centre, represents the lamp of learning, lighting the way – upward and forward. The unfolding pages, the long history, with many achievements, and the colours, the diversity of members.

The tag line - Realizing potential – is both to understand and make real – a state of mind, to become fully aware – a process which speaks to the foundations of lifelong learning. Potential is the outcome of our work – the vision to what becomes a reality – seeing the potential and bringing it to life. So, as an organization and member community, you see a potential goal, come together to find a solution, and bring it to life for the betterment of all.

The tag line - For all women – is a statement with powerful duality that defines the organization, members, and purpose. CFUW is “for all women” to join and participate, with the core focus being women’s empowerment, education, representation, equality and human rights.

I think the change is positive and I think National Office is to be congratulated for launching the new brand. As I participated in the training session, it was good to see the numbers (there were over 100 on the zoom call – and this was the 2nd session!) and the positive response. Hopefully, the new look will generate new members, and enthusiasm, plus reinforcement for all the good work done by members in the past.

Interested in finding out more about what CFUW members are up to? Subscribe to the CFUW Action Newsletter! It comes out weekly and includes a wonderful listing of programs and activities that Clubs and CFUW Committees are offering - some of which you can join.

Mary Scott  
CFUW Liaison



# Continuing Education

## Come Learn with Us

Are you a music enthusiast? A history buff? Looking for a place to join friends on a Sunday afternoon? Then we have a course for you!

Join author and music historian **John Einarson** as he explores the evolution of music in Winnipeg in this fascinating multi-media interactive course based on his recent book *Heart of Gold: A History of Winnipeg Music*.

Over three classes, we will examine local music from a variety of genres beginning with Indigenous and francophone, through country and folk music, classical music and opera, the Dance Band Era and jazz, blues, and rock 'n' roll. We'll take a fun-filled stroll down memory lane to see and hear the rich and diverse musical legacy of our city. John Einarson is an award-winning music historian with more than a dozen books published worldwide. In 2023, he was inducted into The Order of Manitoba for his dedication to researching and documenting our music heritage.

This three-part course will take place in a relaxed atmosphere on Sunday afternoons at Ralph Connor House. Enjoy a glass of wine or a house special mocktail! Tea, coffee and snacks are included in your registration.

Dates: **Sunday November 12, 19 and 26**

Time: 1:30 - 3:45

Fee: Members \$45. Non-members \$60.

Registration opens: Tuesday October 3 (Members),

Tuesday October 10 (Non-members)



You can sign up online, by email to [uwc@mymts.net](mailto:uwc@mymts.net), by phoning UWC at (204) 954-7880, or in person. For Continuing Education courses, payment in advance is appreciated! If paying by e-transfer please send fee to [uwcfin@mymts.net](mailto:uwcfin@mymts.net) (autodeposit). You may also pay in person with cash, cheque, or credit card.



# There's still time to register for the October Con. Ed. series **Living With Climate Change!**

Sign up in person at the Club, by phone to 204-954-7880,  
or email to [uwc@mymts.net](mailto:uwc@mymts.net).

Fee: \$45 for members; \$60 for non-members. Please pay before  
Tuesday, October 3 by cash, cheque, e-transfer, or debit card.  
Coffee/tea provided before class starts and around 10:30.  
Questions? Contact the UWC office - details above.



The world is seeing daily graphic images of the impacts of climate change - devastating forest fires and floods are just two that come to mind. Join us to explore this timely topic as experts share recent research and perspectives that show new pathways ahead.

## **October 10**

Danny Blair, University of Winnipeg, Prairie Climate Centre - **Assessing Vulnerability and Risk in a Changing Climate**

## **October 17**

Richard Grosshans, Michael Paterson, & Ashley Rawluk, International Institute for Sustainable Development - **The Impact of Climate Change on Canada's Freshwater Lakes and Some Innovative Responses**

## **October 24**

Bryce Offenberger, University of Manitoba - **Global Security in a Changing World: Redefining Climate Change as a Threat Multiplier**



# MEMBERSHIP APPLICATION FORM



UNIVERSITY  
**WOMEN'S  
CLUB**

Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Birthday \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Phone Number \_\_\_\_\_

## Post Secondary Education (degree, certificate, etc.) and Names of Institutions

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## Career / Occupation

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## Interests

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## How did you hear about the club?

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## Is there anything else you'd like to share about yourself to club members?

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☐ Special 1st Year Rate (\$100)      ☐ Full (\$453)      ☐ Student (\$75)

**Payment may be submitted by e-transfer to [uwcfin@mymts.net](mailto:uwcfin@mymts.net), by cheque to the University Women's Club of Winnipeg, or in person at 54 West Gate. This form may be filled out online by clicking [HERE](#).**

UNIVERSITY WOMEN'S CLUB OF WINNIPEG  
54 West Gate, Winnipeg, MB R3C 2E1 • [www.uwcwpgmb.com](http://www.uwcwpgmb.com)



## The time is approaching to dress up the Ralph Connor House for the holiday season!

Mark your calendar and get set to join us **MONDAY, NOVEMBER 20!**

Every year we turn Ralph Connor house into a beautiful winter wonderland, highlighted by the 15-foot tree that takes residence in the front corner of the living room. We have the decorations, but we need helping hands to get everything set up.

If you're interested in helping UWC get ready for the holidays please get in touch with the office at 204-954-7880, or send an email to [uwc@mymts.net](mailto:uwc@mymts.net).

## Writing Group

The Writing Group will meet **Thursday, Oct 19th** for another mini writing workshop. We always write together, responding to a prompt that is provided. (Sharing the writing with the group is optional.)

Our members have found the meetings useful and enjoyable, whether they are engaged in a specific writing project, looking for development of writing or editing skills, or just open to a new writing experience. We write for the fun and the insight that it provides.

New members welcome at any time!



# Contemporary Literature Book Club

PERMANENT ASTONISHMENT is a memoir by Tomson Highway, one of Canada's most acclaimed Indigenous writers and performers. Join the members of the Contemporary Literature Book Club on **Tuesday, October 4th** to discuss this book.

## Archives

The Archives Committee has resumed the work of documenting UWC archival materials moving forward starting from 2017 forward. I am very happy to announce that the same people who worked so diligently on preparing materials from 1996 to 2016 and facilitating delivery to the Manitoba Archives are all continuing.

## Sunroom Group

Meetings have resumed again for this year. We are looking forward to meeting new members. By the way, our coffee and tea are free and refreshments vary . Do come by on Thursday afternoons for a relaxing session. See you in the Sunroom!

## Social Bridge

We had two tables of players for Social Bridge on September 12, including a guest from England who enjoyed playing with the group.

In October we will play on the 10th and the 24th. New players are welcome.

## Monday Afternoon Book Club

We meet the first Monday of the month from October until June (excluding January) from 1:00 p.m. until 3:00.

**October 2:** A general discussion on the graphic novel DUCKS: Twelve Years in the Oils Sands by Kate Beaton.

**November 6:** Ellen Peel will present A Town Called Solace by Mary Lawson.

Club members are welcome to join us at any time.



# Out to Lunch Bunch

## *Where International Cuisine Meets Australian Cafe Culture*

Please join us for Out to Lunch on **Wednesday, October 4th** at **D+A Cafe in EQ3** (the “old” Sears store at Polo Park). The parking is right opposite the restaurant door and there are lots of spaces.



The D+A food menu, curated by Mandel Hitzer of RAW Almond and Wall of Chefs TV show fame, offers quality dishes made from local Manitoba fare. There is a range of options, from ham and Gruyere cheese croissant to their chef-prepared salad, made with oranges and beets, and you may you'll want to save room for Pavlova for dessert.

## HOST YOUR NEXT EVENT WITH US

Are you planning a special event? Ralph Connor House is now booking for 2023 Holiday parties, and into 2024! Step back in time and celebrate in style in our beautiful 1914 Heritage House.

Ralph Connor House National Historic Site has been a venue of choice for a range of occasions including weddings, business meetings, seminars, graduation parties, memorials, and photoshoots - not to mention countless theatre and film productions. Whatever you're planning, our event specialist will ensure it exceeds your expectations. If you are interested in booking a private event at Ralph Connor House, you can reach our Events Department at [uwcevents@mymts.net](mailto:uwcevents@mymts.net). Great dates are still available for this year, so get in touch with us today!





# OCTOBER UWC MENUS

## MEALS BY WESTGATE CATERING

All Tuesday lunches are \$23.00. The cash bar opens at 11:30 and lunch is served at noon. Wednesday dinner is \$35.00. The cash bar opens at 5:30 and supper is served at 6:00. Meal costs include buns, coffee/tea, taxes, and gratuity.

Reservations are a must and should be made at least 48 hours in advance by signing up at UWC, by phone to 204-954-7880, or by email to [uwc@mymts.net](mailto:uwc@mymts.net). Cancellations require 24 hours notice to avoid penalty. Menu substitutions are available if requested in advance. Please indicate any special preferences (seating, parking, etc.) at the time of reservation.

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### October Tuesday Lunch Menus

**October 3** • Meat or Vegetable Lasagna (indicate preference when reserving) • Caesar Salad • Garlic Toast • Chocolate Cake

**October 10** • Swedish Meatballs with Gravy • Mashed Potatoes • Mixed Vegetables • Lingonberry Sauce • Pumpkin Pie

**October 17** • Pickerel Almandine • Roasted Baby Potatoes • Orange Glazed Carrots • Boston Cream Torte


**October 24** • Ham • Scalloped Potatoes • Red Pepper & Corn Medley • Apple Pie

**October 31** • Rueben Sandwich • Fries • Coleslaw • Orange Sherbet with Chocolate Drizzle

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### October Wednesday Dinner Menu (Part of the Program Speaker Event)


**October 25** • Cajun Shrimp Skewers • Rice • Ratatouille • Tossed Salad with Vinaigrette Dressing • Chocolate Peanut Butter Torte



A minimum of 12 reservations is required for lunches to proceed. Payment upon reservation is preferred, by e-transfer to [cnattress@shaw.ca](mailto:cnattress@shaw.ca) (autodeposit), but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Reservations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).



# OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 - Program Committee Meeting - Christmas Market Committee - Monday Afternoon Book Club	3 11:30 - Cash Bar Opens 12:00 - Club Lunch - Contemporary Literature Book Club	4 - Out to Lunch Bunch at D&A	5 - House and Grounds Meeting - Sunroom Group - Current Issues & Actions Meeting	6 - Mahjong	7
8 	9 <b>UWC Closed for Thanksgiving</b>	10 9:30 - Con. Ed. <b>Living with Climate Change</b> 11:30 - Cash Bar Opens 12:00 - Club Lunch - Social Bridge	11 - Living History Tours - Finance Committee Meeting	12 - Sunroom Group	13 <b>UWC Closed for External Event</b>	14
15	16 - Christmas Market Committee - Communications / Membership Committee Meeting	17 9:30 - Con. Ed. <b>Living with Climate Change</b> 11:30 - Cash Bar Opens 12:00 - Club Lunch - Board Meeting	18 - Continuing Ed. Committee Meeting - Archives Committee	19 - Writing Group - Sunroom Group	20 - Mahjong - Scholarship Trust Fund Celebration	21
22	23 - Program Committee Meeting	24 9:30 - Con. Ed. <b>Living with Climate Change</b> 11:30 - Cash Bar Opens 12:00 - Club Lunch - Food Services Committee Meeting	25 - Mystery Readers Book Club 5:30 - Bar Opens 6:00 - Program Dinner 7:15 - Program Speaker	26 - Sunroom Group - Bar 54	27 - Scrabble and Babble	28
29 1:30 - Fall Member Birthday Celebration	30	31 11:30 - Cash Bar Opens 12:00 - Club Lunch 1:00 - <b>UWC Closing Early for Christmas Market Setup</b>	<b>“There is a child in every one of us who is still a trick-or-treater looking for a brightly-lit front porch.”</b> <b>- Sarah Madaus.</b>			