

HIGHLIGHTS FROM THE BULLETIN



Presidents' Message

As you will see while reading our November Bulletin, there are many exciting opportunities to spend time at Ralph Connor House this month. Where else can you find a Christmas Market, a program on the Ukrainian refugee experience, a series on the history of music in Winnipeg, a drop-in bar with live music, and a very special Sharing circle on Allyship - all in one month at one address?

We are also looking forward to a visit from Joy Hurst, the national president of CFUW. She will join us on Monday, November 27 for Mary Scott's Sharing Circle and will stay for lunch. You'll find more information in this Bulletin and updates given closer to the date.

Sue and Ellen

November 2023

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Communication and Membership News

Calling all New Members...

UWC ENJOY: New Members Luncheon **Monday, November 13** **Complimentary Beverage and Light Lunch**

The **New Members Luncheon** is a great opportunity to meet and enjoy the company of your fellow new members as well as the members of the Communications and Membership Committee and the UWC Executive Team.

We would love to hear about your experience at UWC over the last year and any suggestions you might have for the year ahead.

New Members since November 2022 will receive an invitation to this event.

UWC ENJOY: Bar 54!

Don't miss the November **Trivia Bar 54**, Thursday, **November 9**, from 4:30 - 6:30. Enjoy a signature cocktail or mocktail and the musical stylings of Maggi G in the company of friends.

Also mark your calendar for our **Christmas Bar 54, December 21st**, from 4:30 - 6:30, where we will have some special seasonal programming!

RSVP [online](#), by email to uwcmember@mymts.net, by phone 205-954-7880, **OR JUST DROP IN!**

UWC ENJOY: Drop in

Think of UWC's Ralph Connor House as your "Home Away from Home" and **drop in** to enjoy our beautiful historic home anytime we are open... **Monday to Friday from 9:30 - 4:30**. No need to register for a program or activity - just drop in for a cup of complimentary self-serve coffee or tea. And the bar is open Monday to Friday in the afternoon with fabulous cocktails and tasty snacks.

WE  **OUR MEMBERS**

MEMBERSHIP APPLICATION FORM



UNIVERSITY
**WOMEN'S
CLUB**

Date _____

Name _____

Address _____

City _____

Postal Code _____

Home Phone _____

Cell Phone _____

Email _____

Birthday _____

Emergency Contact Name _____

Phone Number _____

Post Secondary Education (degree, certificate, etc.) and Names of Institutions

Career / Occupation

Interests

How did you hear about the club?

Is there anything else you'd like to share about yourself to club members?

☐ Special 1st Year Rate (\$100) ☐ Full (\$453) ☐ Student (\$75)

Payment may be submitted by e-transfer to uwcfin@mymts.net, by cheque to the University Women's Club of Winnipeg, or in person at 54 West Gate. This form may be filled out online by clicking [HERE](#).

UNIVERSITY WOMEN'S CLUB OF WINNIPEG
54 West Gate, Winnipeg, MB R3C 2E1 • www.uwcwpgmb.com

IN MEMORY

Sheila Elizabeth
Andrich

1947 - 2023



Sheila Andrich joined the University Women's Club of Winnipeg in 1970; a member for 53 years. She will be remembered as kind, witty, generous, and intelligent. Sheila was always ready to be a friend to anyone she encountered; even after her health failed her.

Born in Winnipeg August 18, 1947, to parents Betty (Alice Elizabeth) Kime and Jack (John Joseph) Andrich, Sheila grew up with an older brother Bill who died when she was seventeen years old. She attended Vincent Massey Collegiate, the University of Winnipeg, the University of Manitoba BA, BA(Hons) and the University of Western Ontario MLS. Sheila worked for the Winnipeg Core Area Initiative for several years before starting her work at the University of Manitoba Education Library in 1988. She transferred to The Elizabeth Dafoe Reference Department in 1997, where subjects Psychology and Women's Studies became her responsibility. As well, she was active in the Status of Women Committee with Dr. Rosa Bruno-Jofre.

In honour of her father, a veterinarian by profession, Sheila and her mother established a scholarship at the Veterinary College at the University of Guelph. In 2001, Sheila and her father created the Betty Andrich Award at Red River College, formerly MIT-Manitoba Institute of Technology), in memory of her mother who was a graduate of the College's inaugural Library Technician program.

Sheila retired in 2008 and travelled with her friend Stella to many fascinating places: Prince Edward Island, Germany, Switzerland, Austria, Italy, Czech Republic, Cuba, and nearby American states. Sheila enjoyed gardening, baking, movies, theatre, music, books, and eating out at restaurants.

Sheila died September 5, 2023, after four years of battling numerous health issues. She will be missed by Stella and her many friends and colleagues.

June Dutka

Program Committee

Thanks to those of you who joined us for our recent programs with **Sara Orlesky** and **Shelley Sweeney**. We heard lots of positive feedback. Here is what we have coming up and we hope you will join us. **And did you know that you can sign-up for just the program if you can't be there for the meal?**

November brings remembrance - of war and of commitments to peace. Our November programs align with this theme.

The **November 10** luncheon program features **Joanne Lewandowski**, President of the Ukrainian Canadian Congress (UCC), Manitoba Council. 25,000 people from Ukraine have become newcomers in Manitoba in the past 20 months. Joanne will talk with us about their experiences and the ways UCC and partners have been supporting them.

Our own **Mary Scott** was recently honoured as an ally by Ma Mawi Wi Chi Itata Centre. On **November 27** Mary will facilitate a morning Conversation Circle about allyship and reconciliation. Circles are tools that facilitate talking, listening, and supporting the equity of voices so that all voices can be heard, valued, and respected. Mary will also show us the gorgeous star blanket and skirt she was gifted. We will be joined by **Joy Hurst, President of CFUW (Canadian Federation of University Women)** of which we are a member. The circle will be followed by a lunch, and Joy will share CFUW news.



Joanne Lewandowski



Mary Scott and Joy Hurst



Adam Hurtig

As we head more deeply into winter, for our December holiday dinner on **December 13** we will be joined by **Adam Hurtig**. Adam is an active member of our local film and theatre community. You may have seen him recently in *The Spencer Sisters* or *Burden of Truth*, or even a holiday Hallmark movie. Adam will talk about the film industry in Manitoba, including his experience as an actor, selecting cast members, and representing the local scene. We may even get him to do some famous name dropping.

We hope to have another program in December and will keep you posted.

Rosalyn Howard, Program Committee Chair

LUNCH AND SPEAKER

Ukrainian Newcomers in Manitoba

Friday, November 10th



UNIVERSITY
**WOMEN'S
CLUB**

54 WEST GATE

Since the onset of the war in February 2022, more than 25,000 people from Ukraine have become newcomers in Manitoba. According to the Province, on a per capita basis, more Ukrainians have sought refuge in Manitoba than in any other Canadian province. **Joanne Lewandowski**, President of the Ukrainian Canadian Congress (UCC) Manitoba Council, will talk with us about these newcomers' experiences, and the ways UCC and its partners have been supporting them through this transition.



Joanne Lewandowski

Where are People Fleeing To?

According to the United Nations High Commissioner for Refugees, there have been 28.8 million border crossings out of Ukraine since the Russian invasion began in February 2022. Many people have sought refuge in neighbouring countries.

Bar Opens: 11:30 Lunch: 12:00 Speaker: 1:15 pm

\$23 for Members and Non-Members

Menu: Chicken Kyiv · Baby Potatoes · Glazed Carrots · Sticky Toffee Pudding *Substitutions available if requested at time of registration.*

Register for this event online, by emailing uwc@mymts.net, calling 204-954-7880, or signing up at UWC. Please indicate whether you will be attending the lunch and program, or program only.

Payment upon registration is preferred but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Registrations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).

Continuing Education

Come Learn with Us

Join our three-week Con. Ed. course on Sunday afternoons in November!

Author and music historian **John Einarson** will explore the evolution of music in Winnipeg in this fascinating multi-media interactive course based on his recent book *Heart of Gold: A History of Winnipeg Music*.

Over three classes, we will examine local music from a variety of genres beginning with Indigenous and francophone, through country and folk music, classical music and opera, the Dance Band Era and jazz, blues, and rock 'n' roll. We'll take a fun-filled stroll down memory lane to see and hear the rich and diverse musical legacy of our city. John Einarson is an award-winning music historian with more than a dozen books published worldwide. In 2023, he was inducted into The Order of Manitoba for his dedication to researching and documenting our music heritage.

This three-part course will take place in a relaxed atmosphere on Sunday afternoons at Ralph Connor House. Enjoy a glass of wine or a house special mocktail from our cash bar! Tea, coffee, and snacks are included in your registration.

Dates: **Sundays - November 12, 19 and 26**

Time: 1:30 - 3:45

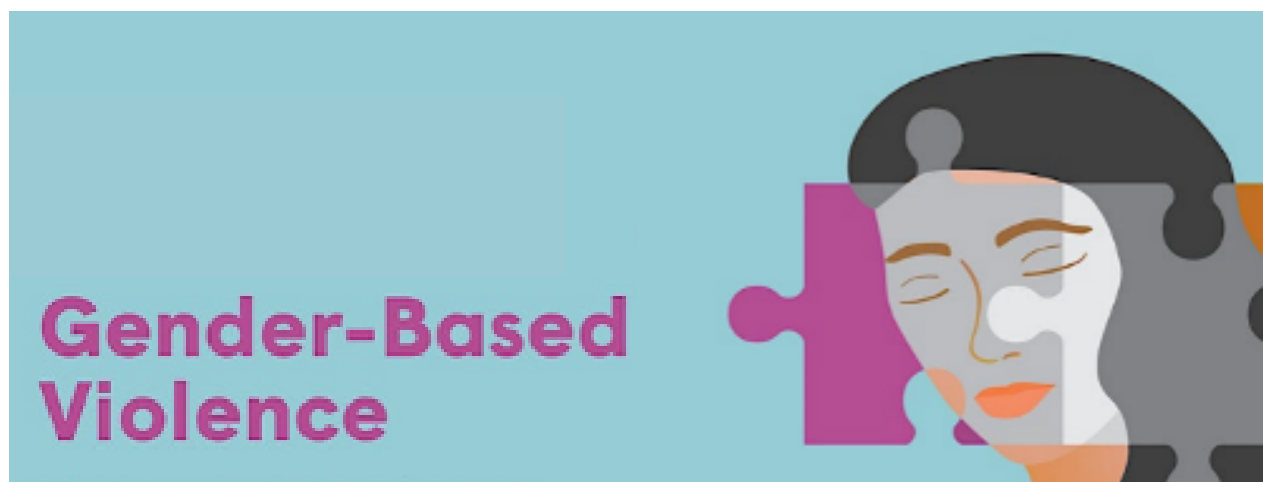
Fee: Members **\$45**. Non-members **\$60**.



Sign up online, by email to uwbc@mymts.net, by phoning (204) 954-7880, or in person at 54 West Gate. For Continuing Education courses, payment in advance is appreciated. E-transfer is preferred, sent to uwbcfin@mymts.net.

UWC Winnipeg has invited **CFUW President Joy Hurst** to Winnipeg, and she is coming! It will be the **Sunday, November 26, and Monday November 27th**. Although she attended the CFUW AGM held a few years ago in Winnipeg, she has never visited Ralph Connor House, so be prepared to show her a warm Winnipeg welcome, at the Sunday program, and a special conversation circle on Monday morning.

CFUW has always lots to share, and I've taken a few highlights from the recent CFUW Club Action Newsletter to share here. You are welcome to join in. And to register and receive the CFUW Newsletter, you can register [here](#).



- The 16 Days of Activism Against Gender-Based Violence is coming up, from **November 25 to December 10**. CFUW will be releasing a 16 Days of Activism Information Package on November 3, which will include facts, resources, and ways to take action against gender-based violence. In the lead-up to the campaign, CFUW would love to hear about the possible events and actions that Clubs have planned to commemorate the 16 Days, including National Day of Remembrance and Action on Violence Against Women on **December 6**.
- Of special note - an event on Gender-Based Violence that is being presented by the Canadian Women's Foundation on **November 16 at 6:00 CST**. Speakers will discuss how we can change a culture that doesn't have a good record of supporting abuse survivors or even of talking about the abuse, women, girls, and two-spirit, trans, and non-binary people face. You can register to attend online for free [here](#).

Mary Scott
CFUW Liaison

Scholarship Corner

We were delighted to welcome Ashley Schers, Archivist at the Hudson's Bay Co. Archives, Archives of Manitoba, as our guest speaker at the Annual Scholarship Trust Fund Celebration on October 20. Ashley was the recipient of the UWC Graduate Scholarship in 2019-20.

Ashley informed us of her work concentrating on the families and personal stories relating to Indigenous peoples found in the financial accounts of the HBC fur trading posts. The talk was very informative and many questions were posed by members of the audience.



We appreciate the many generous donations for the Scholarship fund from our members before and at the event. Should anyone wish to support the fund in this calendar year, all donations will be gratefully accepted until December 15, 2023. Donations are accepted either by submitting or mailing a cheque to the UWC Scholarship Trust Fund or online at Canada Helps: www.canadahelps.org/en/dn/48965.

Ruth Suderman, Chair
UWC Scholarship Trust Fund

Current Issues & Actions



October brought us a new government with many new MLAs on each side of the aisle. What a wonderful opportunity to enhance the level of decorum in our legislature. We will be contacting the governing party and the opposition to support their efforts towards an increased level of respect in our legislature.

Of the CFUW resolutions for 2023, we will be following up on the resolution supporting maternal health. Stay tuned for our progress in addressing this issue.

Thinking of our environment, we had a discussion noting how much less fuel is used when motorists slow down. On the highway driving a speed of 120 km/hr uses 20% more gas than travelling at 100 km/hr. Slowing down saves gas and the environment. This issue has many facets and opinions. Our city is currently exploring residential speed limits and is piloting lower limits in four residential areas. You can learn more at winnipeg.ca/reducedspeedneighbourhoods. The website includes a travel time estimator. I tried the difference from my home in Charleswood to the Club. According to their estimator, it would take me an additional 38 seconds if I was driving at 30 km/hr on the collector and local roads or 8 seconds at 40 km/hr. That certainly gave me a new perspective! The site offers a survey as well. **Let your opinion be known.**

Our next meeting is set back a week due to Christmas Market. We will meet on **Thursday November 9 at 1:30**. At our next meeting we will view the CFUW video on Advocacy. Anyone interested in learning more about advocacy, please join us.

Shelagh Marchenski, Chair

Out to Lunch Bunch

Sorry to announce that there will **not be Out to Lunches in November and December** due to a plethora of activities at the Club including a Christmas lunch and dinner. We won't be short of chances to "eat out" and support the Club at the same time. November 1st is during the week of Christmas Market so if you can spare the time why not volunteer to help at the sale and **have lunch at Ralph's Bistro?**

Our next OTL will probably be **January 10th**. I think we have a good line-up for January to June thanks to suggestions from Out to Lunchers and others.

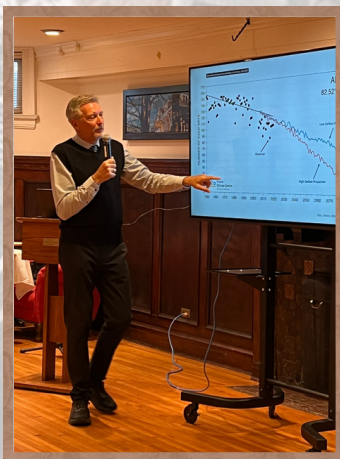
All the best until we meet again in 2024.

Dianne Beaven, Convenor

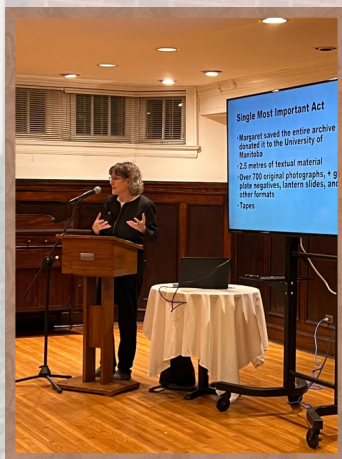
In Case You Missed It... Recent Photos from UWC



Mary Scott was recently honoured as an Ally by Ma Mawi Wi Chi Itata Centre, Inc. **Congratulations Mary!** Join us Monday, November 27th for a sharing circle to commemorate the honour.



A selection of presenter photos from Con. Ed.'s recent **Living with Climate Change** course



Dr. Shelley Sweeney brought background on the spooky Hamilton Collection



Trick or Treat - A Spooky Special Giveway from our Halloween Bar 54!

Find additional photos from UWC on the Members Only side of the website by clicking [here](#)!

More photos from UWC



Friendly faces from our 2023/24 UWC Board



Local sports reporter Sara Orlesky scored a hat trick at the October Program lunch.



Monday Afternoon Book Club

We meet the first Monday of the month from October to June (excluding January).

November 6:

Ellen Peel will present **A Town Named Solace** by Mary Lawson



December 4:

Pat Elliott will present **The Second Sleep** by Robert Harris



Club members are welcome to join any of the presentations

Agnes Collins, Convener



We will be playing Scrabble on **Friday, November 24th**. Hope to see you there! Thanks to June for forwarding this article on Alzheimer's and the power of Scrabble - *Losing My Mother, One Piece at a Time*. Follow **this link** to view the article.

No Scrabble in December but we will resume in **January**.

Dianne Beaven, Convenor

Contemporary Book Club

On **Tuesday, November 7th**, the Contemporary Literature Book Club will be discussing John Steinbeck's novel **The Winter of our Discontent**. This novel was first published in 1962. Join us in 2023 and compare the social themes of these two years.

Judy McDonald

November Menus

All Tuesday lunches are \$23.00. The cash bar opens at 11:30 and lunch is served at noon. Wednesday dinner is \$35.00. The cash bar opens at 5:30 and supper is served at 6:00. Meal costs include buns, coffee/ tea, taxes, and gratuity.

Reservations are a must and should be made at least 48 hours in advance by signing up [online](#), at UWC, by phone to 204-954-7880, or by email to uwc@mymts.net. Cancellations require 24 hours notice to avoid penalty. Menu substitutions are available if requested in advance. Please indicate any special preferences (seating, parking, etc.) at the time of reservation.

Tuesday Lunch Menus

November 7th • Quiche with Red Peppers and Feta Cheese • Spinach Salad with Mango Dressing • Chocolate Cake

November 14th • Beef Vegetable Stir Fry • Rice • Cherry Pie

November 21st • Pasta Primavera with Chicken and Vegetables • Lemon Squares

Friday Lunch Menu (Part of the Program Speaker Event)

November 10th • Chicken Kyiv • Baby Potatoes • Glazed Carrots • Sticky Toffee Pudding

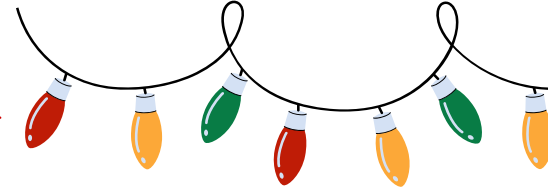
Special Monday Lunch with CFUW President Joy Hurst

November 27th • Salmon with Mango Salsa • Rice Pilaf • Broccoli • Ice Cream and Cookie

A minimum of 15 reservations is required for lunches to proceed. If fewer are registered, a light lunch of soup, sandwiches, dessert, tea and coffee will be served for \$14 per person. Payment upon reservation is preferred but may be received at the door by cash, cheque, or card. Refunds will be provided with a minimum 24 hour notice. Reservations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).



'Tis the Season



41st Annual
Christmas
MARKET

at 54 West Gate

Friday, November 3

10 am to 5 pm

Saturday, November 4

10 am to 4 pm

Three floors of Manitoba crafts, baking, and giftware for your home, family, and friends, featuring great local vendors!

Please bring your reusable shopping bags

Admission: \$4.00

Poinsettia Fundraiser on Now!

The holidays will soon be upon us and nothing celebrates the beauty of the season like a poinsettia in red, white, or pink!

Order forms are now available online and at UWC. Be sure to return your form along with payment by noon on **Wednesday, November 15th!**





Callout for 2024 Calendars!



2024 calendars are appearing and once again June Dutka and Dianne Beaven are sending out an appeal to our members for any “freebie” scenic wall calendars received from insurance agencies, florists, etc.

Last year 646 calendars were collected. They were divided between Deer Lodge Centre, the Misericordia, Victoria Hospital, and the Health Sciences Centre. The hospitals really appreciate receiving the calendars, which brighten up the patients' rooms. In particular, Deer Lodge Centre finds that the calendars are an important tool to assist their dementia patients in orienting to the days and seasons.

As usual, there will be prizes for the calendars from the furthest point internationally, nationally, and locally as well as a prize for the person who donates the largest number of calendars.



Congratulations to Eleanor Stardom who started the project twenty years ago. She will be collecting calendars until Friday, January 5, 2024.

Make the Season Bright

Are you looking for a venue for your staff holiday party? Perfect for groups as small as 8 or as large as 100, make your guests feel at home at Ralph Connor House.

Ralph Connor House National Historic Site has been a venue of choice for a range of occasions including weddings, business meetings, seminars, graduation parties, memorials, and photoshoots - not to mention countless theatre and film productions. Whatever you're planning, our event specialist will ensure it exceeds your expectations.

If you are interested in booking a private event at Ralph Connor House, you can reach our Events Department at uwcevents@mymts.net.





Make the Season Bright

House and Grounds is looking for volunteers to make Ralph Connor House sparkle and shine for the festive season. A decorating day is planned for **Monday November 20th**. The team will start at 9:30 a.m. and work through until about 2 p.m. with a light lunch. If you can help, please contact the office at 204-954-7880.

Current Issues & Actions

It's Shoebox time!

Once the Christmas Market is all safely tucked away for another year, it's time to think about what we can do to brighten the holiday season for women facing adversity.



Participation in the annual Shoebox Campaign is a tradition at the UWCW. Shoebox gifts are collected by volunteers across the country during the holiday season. Donors are asked to fill a shoebox with approximately \$50.00 worth of gifts and essentials that any woman might enjoy, and include a warm greeting or message of support. The gifts are then distributed to local women's shelters and community agencies serving women impacted by homelessness in our community.

If you follow [this link](#), you can see a Shoebox assembled and another video outlining what should not go into Shoebox.

Many club members have remarked on the fun they have had in preparing this gift.

You can also give a virtual shoebox by making a monetary gift at the website: <https://www.shoeboxproject.ca/virtual/ca-en/home>

The campaign begins **November 13**. Please bring your completed Shoebox to the club by **Monday, December 4** and we will ensure your gift gets to its destination.



November

SUN	MON	TUE	WED	THU	FRI	SAT
		"I cannot endure to waste anything so precious as autumnal sunshine by staying in the house." — Nathaniel Hawthorne	1 UWC Closed for Christmas Market Setup	2 UWC Closed for Christmas Market Setup	3 • 10:00 - 5:00 Christmas Market - Shop and support UWC!	4 • 10:00 - 4:00 Christmas Market - Shop and support UWC!
5	6 • Monday Afternoon Bookclub	7 • Task Group Mtg • 11:30 - Cash Bar Opens • 12:00 - Club Lunch • Contemporary Literature Group	8 • House and Grounds Committee	9 • Management Committee • Finance Meeting • Sunroom Group • CIA Committee • 4:30 - Bar 54	10 • Mahjong • 11:30 - Cash Bar Opens • 12:00 - Program Lunch • 1:15 - Program Speaker	11  Remembrance Day
12 • 1:30 - Con. Ed. Heart of Gold with John Einarson - Week 1	13 • Program Committee Meeting • New Member Lunch • Membership Committee Meeting	14 • 11:30 - Cash Bar Opens • 12:00 - Club Lunch • Social Bridge	15 • Archives Committee Poinsettia Orders Due by Noon	16 • Writing Group • Sunroom Group	17 • Mahjong	18 Christmas Tree Setup 
19 • 1:30 - Con. Ed. Heart of Gold with John Einarson - Week 2	20 • Whole House Holiday Decorating Join in on the decorating fun!	21 • 11:30 - Cash Bar Opens • 12:00 - Club Lunch • Board Meeting	22 • Mystery Readers Book Club	23 • Sunroom Group	24 • Scholarship Committee Meeting • Scrabble and Babble	25
26 • 1:30 - Con. Ed. Heart of Gold with John Einarson - Week 3	27 • 10:30 - Sharing Circle and visit from CFUW President Joy Hurst • 11:30 - Cash Bar Opens • 12:00 - Special Club Lunch	28 • Continuing Ed. Committee Meeting • Social Bridge • Food Services Meeting	29	30 • Sunroom Group • FRCH Board Meeting		