

HIGHLIGHTS FROM THE UNIVERSITY WOMEN'S CLUB OF WINNIPEG



January 2024

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@ralphconnorhouseuwcw

PREFERRED VENDOR

Engaged



WE WANT TO SEE YOU AT THE
ENGAGED WEDDING SHOW - JANUARY
14TH AT THE FORT GARRY HOTEL!

VISIT OUR INSTAGRAM PAGE
[@RALPHCONNORHOUSEUWCW](#) AND ENTER
TO WIN TWO FREE TICKETS!

Co-Presidents' Message

As many of us know, January's name is derived from the name of the Roman god, Janus, known for looking both backward and forward.

Looking back, we thank all our members and staff for making 2023 such a memorable year.

Looking ahead, we hope we will share more opportunities for friendship and learning, continuing our club's traditions and creating new ways to grow and thrive in 2024.

Let's raise a toast to each and every one of us and to the club in the year ahead. Cheers!

Sue and Ellen

Communication and Membership News

A Few Highlights of 2023!

2023 was a busy year for UWC! Some highlights include visits by The Honorable Anita Neville, the Sharing Circle with Ma MaWi Executive Directory Tammy Christensen, and President of CFUW Joy Hurst, the receipt of the Manitoba Historical Society's Centennial Organization Award, Membership Appreciation Month, the Power of Print and Power of Art Series, and most recently a joyful Holiday Dinner followed by a presentation by local actor Adam Hurtig.



Past President Carolynne thanks guest speaker Adam Hurtig



Program Chair Rosalyn and Adam in the parlour

UWC ENJOY: BAR 54

The Holiday Singalong was a great success. Carol singing was led by Jenn, who also brought along her children to help us sing! There's nothing more joyful than children singing during the holidays.



Mark your calendar for the next UWC ENJOY: BAR 54 planned for **January 18th, from 4:00 - 6:00**. Details TBD!

UWC ENJOY: COMPLIMENTARY BEVERAGE BAR

Thanks to all for bringing in your favourite Keurig pods. In addition to coffee and tea, we now have hot apple cider or hot chocolate... just what we will need on those cold January days. And don't forget to drop an occasional loonie or toonie into the piggy bank to help defray the cost of the beverage supplies.

Members can "drop-in" to UWC for your beverage of choice any day during regular opening hours, Monday to Friday, 9:30 - 4:30.



Communication and Membership Committee

Want to try something new this year? The next Communication and Membership meeting is scheduled for **January 15, at 1:15** and we would love for your to join us!

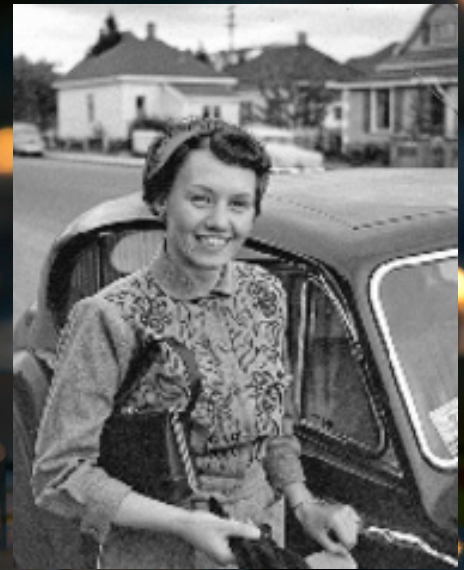
Why not give it a try! Send an email to uwcmember@mymts.net and we will send you the meeting notice and agenda. It's as simple as that!

Deborah Brown, Communications and Membership Chair

In Memory of...



Joyce Aitken



Dorothy Easton

Joyce Aitken On November 29, past UWC member Phyllis Joyce Aitken passed away peacefully at the age of 96. Joyce was a longtime leader of our Handbell Choir and member of House & Grounds Committee, chairing it several times.

Another former member **Dorothy Jean Easton** passed away peacefully December 2, 2023 with her family at her side. Born in Fort Saskatchewan Alberta, she was just shy of her 101st birthday.

Program Committee



We were pleased to see our two December programs engage so many members and guests to enjoy the holiday season, each other, meals in our beautiful house, and our presenters. The Westgate Mennonite Collegiate Choir with Vic Pankratz brought music, poetry, and cheer, while Adam Hurtig warmly helped us peek behind the screen of the local film and tv industry.

Coming up, the **January 12** lunch will be followed by a Women and Leadership presentation by **Cheryl Pauls, President of Canadian Mennonite University**. Cheryl will speak about her experiences and current trends in post-secondary education.

On **January 28**, we will host an afternoon concert with refreshments, with **Sophie Caron and friends**.

The **February 9** lunch program is an early valentine with author **Doreen Pendgracs** speaking with us about the world of chocolate, and bringing some tasty samples.

Our **March 27** dinner will be followed by a short film about a group of refugees from Afghanistan coming to Canada, to Edmonton. We will be joined by the filmmaker, **Doug Darling**, to talk about making that film.

We would appreciate your help in continuing to bring you engaging programs!

We know that you know lots of people. You may know someone with something to say or do, and an interest in speaking with us. Or perhaps you have heard someone speak elsewhere, and think our members would enjoy having them here at the house. Programs are up to an hour, and that includes time for questions. Please pass along any names and topics to me.

Another way you can help is to join our committee. Our next meeting is **January 8**. All members are welcome. We currently meet one Monday morning a month, and are open to reviewing that to try to fit with others' schedules.

Please get in touch by email to uwcmember@mymts.net

Rosalyn Howard, for the Program Committee



UNIVERSITY
**WOMEN'S
CLUB**

UWC - ENGAGE LUNCH & SPEAKER

Women and Leadership

Join us on **Friday, January 12th** as we welcome **Dr. Cheryl Pauls**, President of Canadian Mennonite University. Cheryl will discuss her leadership journey including the challenges and successes in guiding a post-secondary institution and its students into a new era of technology and ways of knowing. Bonus: Cheryl's doctorate is in piano, and she will share a piece with us.



Through teaching, research, and service
CMU inspires and equips for lives of
service, leadership, and reconciliation in
church and society.



Bar Opens: 11:30 Lunch: 12:00 Speaker: 1:15 pm
Lunch is \$23 for Members and Non-Members

Menu: Salmon with Balsamic Berries, Rice, Mixed Vegetables, Carrot Cake

Registration deadline: **Wednesday, January 10th**. RSVP for this event [online](#), by emailing uwc@mymts.net, calling 204-954-7880, or signing up at UWC. Please indicate whether you will be attending the lunch and program, or program only.

Payment upon registration is preferred but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Registrations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).



UNIVERSITY
**WOMEN'S
CLUB**

UWC - ENGAGE A SYMPHONIC SUNDAY AFTERNOON

Sophie Caron & Friends Return!

Back by popular demand! Join us on Sunday, **January 28th at 2 p.m.** when cellist Sophie Caron and friends Bella Rogers (violin) and Makayla Sawatsky (viola), return to perform some beautiful classical music.

There is nothing more engaging than live music in our beautiful heritage home away from home. The performance followed by dessert and tea/coffee is sure to lift your spirits and chase away the winter blues.



Cost: \$20 (includes musicians fee & dessert)

RSVP for this event [online](#), by emailing uwc@mymts.net, calling 204-954-7880, or signing up at UWC.

Payment upon registration is preferred but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Registrations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).

UWC - ENGAGE LUNCH AND SPEAKER

Meet Doreen the Chocolate Queen

Chocolate anyone? On **Friday, February 9th** author, freelance writer, and speaker **Doreen Pendgracs** joins us for an informative presentation on everything chocolate... and yes there will be chocolate to sample!

Doreen authored *Chocolatour: A Quest for the World's Best Chocolate* which won the Reader's Favourite Book Award in 2014!



Bar Opens: 11:30 Lunch: 12:00 Speaker: 1:15 pm

Lunch and Chocolate Samples - \$25 for Members and Non-Members

Menu - Sweet potato and Vegetable Soup, Assorted Sandwiches, Lemon Square, and Chocolate Presentation.

To assist Doreen in sourcing the best chocolate for our attendees, the registration deadline is Friday, January 26th. RSVP for this event online, by emailing uwc@mymts.net, calling 204-954-7880, or signing up at UWC.

Payment upon registration is preferred but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Registrations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).

RCH

R A L P H C O N N O R H O U S E



Let the Ralph Connor House at 54 West Gate be the backdrop to your perfect day. Whatever you're planning, our event specialists will ensure your event exceeds your expectations.

Visit our [website](#) to learn more.



Photography by [Lindsay Rowan Photography](#), styled shoot by [Ann & Co.](#)

From Joy Hurst, President, CFUW:

First of all, thank you for the invitation to visit UWCW and the hospitality extended to me during my November visit. Mary and her husband were wonderful hosts and I was moved to be present at a historical CFUW club during a historical gathering. The fact that current and most former UWCW presidents were present to support the Conversation Circle about allyship with Indigenous Peoples reflects that the women of UWCW continue to be trailblazers. I appreciated the opportunity to speak after lunch, meeting the newest members of the club and prospective members. Here are key points from my speaker notes.

Benefits of CFUW national membership

- Personal and professional growth
- Networking opportunities with women across Canada that one would otherwise not meet
- Legacy of national and international influence
- Opportunity to contribute to the collective national action to improve the status of women
- Opportunity to participate in developing and adopting national policy
- Access to professionally prepared advocacy materials
- Opportunities to participate in National Sub-committees (Environment & Climate Change, Indigenous Issues)

What is happening at National?

- Implementation of a new visual identity and branding
- Virtual events and study groups open to all who would like to participate (e.g. Health Care, Long Term Care and Seniors Rights)
- Fostering a national CFUW identity by club participation in initiatives such as Coldest Night of the Year, Plastic Free July
- Applying technology to CFUW business processes (e.g. new website software will include event registration, streamlining of annual resolution process)
- Purposeful and strategic attention on building external relationships and allies, 2024 national AGM will include a Conference open to other organizations with common interests
- Working more closely with the Regional Directors Committee which is a place for cross country collaboration, generating ideas and sharing
- Looking forward to a Manitoba RD joining the RD Committee

Common Challenges facing Clubs

- Building membership at a rate that replaces members lost by aging or death
- Members willing and able to take on local leadership roles
- Attracting “younger” members

Please subscribe to the National newsletter for ongoing news, highlighting of emerging issues in CFUW-FCFDU, successful club strategies and invitations to virtual events. Thank you.

Joy Hurst
CFUW-FCFDU National President



Manitoba's Shoebox Project reports a great success for 2023. Over 700 shoeboxes were dropped off by businesses, groups and individuals. In addition, companies, organizations and individuals donated funds, which helped to build close to 200 additional boxes this year! **Here at 54 West Gate, we were able to contribute 35 boxes.** Thanks to all our UWC members and friends and relations who thoughtfully prepared boxes to help women experiencing or at risk of homelessness. Well done!

Monday Afternoon Book Club

We meet the first Monday of the month from October to June (**excluding January**).

February 5th: Lorraine Yphantides will present *People of the Book* by Geraldine Brooks.

All Club members are welcome to attend.



Mahjong

We play the first and third Friday of the month from September to June!

As UWC will be closed on Friday 5th we will only be playing on **Friday 19th** in January.

Mystery Readers

Mystery Readers will meet in the living room on the evening of **Wednesday, Jan. 24th** for the annual evening of perplexity, popcorn, pizza.

All UWC members are invited. We share the cost of the pizza.

What will we be watching? That is the mystery! More revealed later!



AMAZING!

SCRABBLE & BABBLE

The next Scrabble and Babble game is on **Friday, January 26th.**

All Welcome!

Social Bridge

Social Bridge is scheduled for **January 9th and 23rd.** We have a prospective new member who might be joining us.

Have a great Christmas and start to the New Year.

Contemporary Book Club

The members of the Contemporary Literature Book Club send their holiday wishes and cheers to all members of UWCW. Our first meeting of 2024 will be on **Feb. 6th** where we will discuss Jojo Mayes book, *THE GIVER OF STARS*.



Out to Lunch Group



You may have noticed in the December Bulletin that I chose Spaghetti Factory, but have since had an opportunity to visit The Forks and realized that parking can be a problem. There is no guarantee of anything close by the restaurant and in the middle of January it could be a cold walk.

So, I've decided to do a switch-aroo and instead of the Spaghetti Factory we'll go to **529 Wellington Crescent.** They offer good food and have their own parking lot and we'll start the New Year off in style.

They prefer to seat us upstairs so if you are concerned about the stairs, please let me know asap and I'll ask them to find room on the main level.

They have a fairly extensive lunch menu which you can check out at 529wellington.ca

Have more fun this year!

Did you know that it is easy to start a new interest or activity group at UWC?

Learn more by contacting our Membership Services Manager Ali at uwcmember@mymts.net.



January Menus

All Tuesday lunches are \$23.00. The cash bar opens at 11:30 and lunch is served at noon. Meal costs include buns, coffee/ tea, taxes, and gratuity.

Reservations are a must and should be made at least 72 hours in advance by signing up [online](#), at UWC, by phone to 204-954-7880, or by email to uwcmember@mymts.net. Cancellations require 24 hours notice to avoid penalty. Menu substitutions are available if requested in advance. Please indicate any special preferences (menu, seating, parking, etc.) at the time of reservation.

January Tuesday Lunches

Jan. 2 - NO LUNCH

Jan. 9 - Shepherd's Pie, Caesar Salad, & Chocolate Silk

Jan. 16 - Chicken Souvlaki, Greek Salad, Lemon Roasted Potatoes, Garlic Toast, & Gingerbread with Warm Lemon Sauce

Jan. 23 - Beef Vegetable Stir Fry, Rice, & Cherry Pie

Jan. 30 - Grilled Cheese, Bacon, and Tomato Sandwich, Tossed Green Salad with Vinaigrette Dressing, & Fruit Cup with Cookie

Program Lunch - \$23

Friday, January 12th - Salmon with Balsamic Berries, Rice, Mixed Vegetables, Carrot Cake

Join the University Women's Club!



Date _____

Name _____

Address _____

City _____ Postal Code _____

Home Phone _____ Cell Phone _____

Email _____

Birthday _____

Emergency Contact Name _____ Phone Number _____

Post Secondary Education (degree, certificate, etc.) and Names of Institutions

Career / Occupation

Interests

How did you hear about the club?

Is there anything else you'd like to share about yourself to club members?

☐ Special 1st Year Rate (\$100) ☐ Full (\$453) ☐ Student (\$75)

Payment may be submitted by e-transfer to uwcfm@mymts.net, by cheque to the University Women's Club of Winnipeg, or in person at 54 West Gate. This form may be filled out online by clicking [HERE](#).

UNIVERSITY WOMEN'S CLUB OF WINNIPEG
54 West Gate, Winnipeg, MB R3C 2E1 • www.uwcwpgmb.com

JANUARY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
<div>1</div> 	<div>2</div>	<div>3</div>	<div>4</div>	<div>5</div>	<div>6</div>	
	<div>7</div> <div>Club Closed</div>	<div>Club Closed</div> <div>Club Closed</div> <div>Club Closed</div> <div>Ralph Connor House available for private rentals</div>				<div>12</div> <div>Club Closed</div>
<div>8</div> <ul style="list-style-type: none"> House & Grounds decoration removal Program Committee Meeting Living History Tours Meeting 	<div>9</div> <ul style="list-style-type: none"> Con. Ed. Committee Meeting 11:30 - UWC Lunch Social Bridge Special Board Meeting 	<div>10</div> <ul style="list-style-type: none"> Living History School Tour Out to Lunch at 529 Wellington CIA Committee Meeting 	<div>11</div> <ul style="list-style-type: none"> Finance Committee Sun Room Group 	<div>12</div> <ul style="list-style-type: none"> 11:30 - Cash Bar Opens 12 - UWC Engage Program Lunch 1:15 - Program Speaker - Cheryl Pauls, President CMU 	<div>13</div>	
<div>14</div> <div>Visit Ralph Connor House's booth at the Engaged Wedding Show at the Fort Garry, 12:00 - 4:00</div>	<div>15</div> <ul style="list-style-type: none"> Membership / Communications Meeting 	<div>16</div> <ul style="list-style-type: none"> 11:30 - UWC Lunch Board Meeting 	<div>17</div>	<div>18</div> <ul style="list-style-type: none"> Writing Group Sun Room Group 4:00 - UWC Enjoy - Bar 54! 	<div>19</div> <ul style="list-style-type: none"> Mahjong 	<div>20</div>
<div>21</div>	<div>22</div>	<div>23</div> <ul style="list-style-type: none"> 11:30 - UWC Lunch Social Bridge Food Services Committee Meeting 	<div>24</div> <ul style="list-style-type: none"> Archives Mystery Readers Movie Night 	<div>25</div> <ul style="list-style-type: none"> Sun Room Group 	<div>26</div> <ul style="list-style-type: none"> Scholarship Committee Meeting Scrabble & Babble 	<div>27</div>
<div>28</div> <ul style="list-style-type: none"> 1:30 - UWC Engage Musical Program with Cellist Sophie Caron and friends 	<div>29</div>	<div>30</div> <ul style="list-style-type: none"> 11:30 - UWC Lunch Baby Shower for UWC Manager Colleen and Theo 	<div>31</div> <ul style="list-style-type: none"> Friends of The Ralph Connor House, Inc. Board Meeting 	<div>January, the first month of the year. A perfect time to start all over again, changing energies and deserting old moods, new beginnings, new attitudes. – Charmaine J. Forde</div>		