

# HIGHLIGHTS FROM THE UNIVERSITY WOMEN'S CLUB OF WINNIPEG

March 2024



Founding CFUW. Winnipeg, 1919 photo from CFUW

## In this issue:

- Presidents' Message
- Goods and Services Auction
- Communication & Membership News
- Save the Date - UWC Fashion Show
- Membership Application
- Program Committee
- Power of Print Series - Under the Radar
- Current Issues and Actions
- CFUW
- Tulip Time in the Netherlands
- UWC Groups
- March Menus
- Full March Calendar of Events



# Co-Presidents' Message

March promises to be another busy month at the University Women's Club!

Take a look at the March menus. Perhaps you'll see a favourite dessert —gingerbread with lemon sauce? Or perhaps you would enjoy one of our lighter lunch options on offer this month. And good food always tastes better in good company. If you have meetings or activities on Tuesdays, consider signing up for lunch as a prelude or post-script!

There's plenty of food for thought too! Program events for March address important human rights issues. Be sure to check out the notes in Issues and Actions and CFUW for global and local issues.

Don't forget our new Goods and Services fundraising initiative. See all the details in this edition of the Highlights from the Bulletin!

Sue and Ellen, Co-Presidents



Let the Ralph Connor House at 54 West Gate be the backdrop to your perfect day. Whatever you're planning, our event specialists will ensure your event exceeds your expectations. Visit our [website](#) to learn more.



Photography by [New Copper Photography](#), styled shoot by [Ann & Co.](#)





# Goods & Services Silent Auction

To everyone who has already donated goods and services to the auction, and to everyone who has started bidding - **THANK YOU!**

We hope this fundraiser offers members opportunities to spend time with one another in new ways, to gain new knowledge and experiences, and to take home beautiful donated items; all while supporting this great club we all love.

There's still time to donate goods and/or services, but don't delay! Your donation form must be submitted to the office by Tuesday, March 5th.

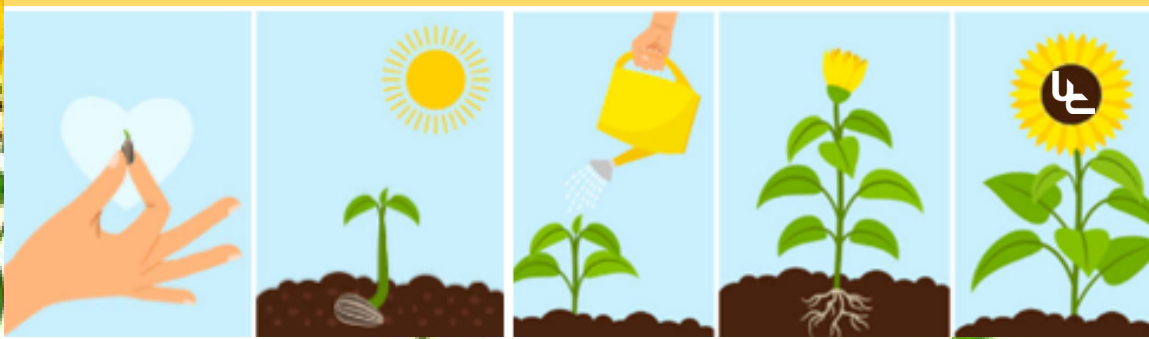
Bidding will run for 1 additional week, ending on Tuesday, March 12th. Find more information on our Fundraising Page by clicking [here](#) or checking out the display at UWC.

## Spend time with members in a new way and Support UWC!

**What is the timeline for the Goods & Services Auction fundraiser?**

- **January 29 to March 5** – Donate an item and submit your Goods & Services Auction forms. The earlier the better!
- **Jan 30 – March 12** – Make a bid. Remember, you can bid as many times as you like on the same item.
- **Mid-March** – UWC members will be notified of the highest bidders.
- **By April 1** - Highest bidders will submit payment to UWC for the Goods & Services they have purchased.

## Let's grow this fundraiser!



## UWC - ENJOY Bar 54 Trivia Night

Back by popular demand, the Membership Committee presents UWC - ENJOY Bar 54 Trivia Night, **Thursday March 14th, 4:00 to 6:00**. The theme will be St. Patrick's Day with a complimentary beverage if you are wearing green! Be sure to brush up on your St. Patrick's Day trivia and bring your Irish friends to help your team!

Sign up [online](#), by email at [uwcmember@mymts.net](mailto:uwcmember@mymts.net), call 204-954-7880 or sign up in the binder at UWC.

## Communication and Membership Meeting

The Communications and Membership Committee will hold its next meeting **Thursday March 14th** followed by the UWC-ENJOY Bar 54. If you are considering joining a committee, why not come to the Comms/Membership meeting to see what we are up to! And perhaps stay for the Trivia!!!

## UWC Winter Birthday Celebration



Cake and refreshments were enjoyed at the UWC Winter Birthday Celebration Sunday February 11th. Mark your calendar for the next UWC Birthday Celebration to be held on **Sunday, April 28th** to celebrate members who have birthdays in March, April, and May.

## In the Media

Free Press readers may have come across the recent Passages feature “Our Best Advocate and Our Best Promoter” spotlighting our late member Vivian Bruce. If you missed it in print you can follow [this link](#) to view the article online.



Doreen Pendgracs at UWC, photo by Matthew Merkel

If you were at last month's Lunch and Chocolate Sampling Program Event you may have noticed a couple of fresh faces at the back of the room. We were happy to have student reporter Alicia Rose and photographer Matthew Merkel from [The Manitoban](#) come out to UWC to cover the event! You can find the article, with great comments from guest speaker Doreen and our own Co-Presidents, [online](#).

Debby Brown  
Communications and Membership Chair

## Save the Date

UWC Fashion Show - Presented by  
**INVESTMENT PIECES**  
Sunday April 21, 1:30-3:30



## The Fashion Event of the Year



# Join the University Women's Club!



UNIVERSITY  
**WOMEN'S  
CLUB**

Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Birthday \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Phone Number \_\_\_\_\_

## Post Secondary Education (degree, certificate, etc.) and Names of Institutions

---

---

## Career / Occupation

---

---

## Interests

---

---

## How did you hear about the club?

---

---

## Is there anything else you'd like to share about yourself to club members?

---

---

---

☐ Special 1st Year Rate (\$100)      ☐ Full (\$453)      ☐ Student (\$75)

**Payment may be submitted by e-transfer to [uwcfm@mymts.net](mailto:uwcfm@mymts.net), by cheque to the University Women's Club of Winnipeg, or in person at 54 West Gate. This form may be filled out online by clicking [HERE](#).**

UNIVERSITY WOMEN'S CLUB OF WINNIPEG  
54 West Gate, Winnipeg, MB R3C 2E1 • [www.uwcwpgmb.com](http://www.uwcwpgmb.com)

# Program Committee

In February, we celebrated delicious, healthy chocolate with Doreen Pendgracs, and “continued the conversation” about allyship and reconciliation, with Mary Scott, Clayton Sandy, and Tammy Christensen. Thanks to all who helped make those such great programs, including, of course, the attendees.

In March, we will engage with global issues, with a human rights perspective.

**International Women’s Day is March 8.** Our lunch program will feature **Christina MacIsaac**, Director of Innovation, Fund for Innovation and Transformation, Manitoba Council for International Cooperation. Christina will talk with us about Canada’s support for innovative development work designed to engage and impact women around the world.

Later in March, for the March 27 dinner program, we welcome **Doug Darling**. Doug is President and CEO of Tripwire Media Group. He will be showing and commenting on his short film, *Memories in a Box: Across Borders*, about a group of human rights defenders from Afghanistan coming to Canada, to Edmonton.

As we look forward to April, and spring, we will turn our attention to the skies. Have you ever imagined soaring like a bird?

At our **April 12** lunch program, we will learn about many things aviation, with a particular focus on gliding. **Jay Allardyce** works as a consultant in the aviation industry, and started flying gliders at the age of 12. 2024 marks his 25th year flying gliders, and he has accumulated over 1,400 hours of gliding time. He can also answer general aviation related questions.

Our next committee meeting is **March 12**. All are welcome.

Rosalyn Howard for the committee



# UWC - ENGAGE LUNCH AND SPEAKER

Advancing Gender Equality through  
Community Innovation in the Global South

Join us on International Women's Day, **Friday, March 8th** as we welcome **Christina MacIsaac**, Director of Innovation for the **Fund for Innovation and Transformation (FIT)**, a national innovation and gender equality initiative administered by the **Manitoba Council for International Cooperation**. Christina brings a wealth of experience to her role. Christina will introduce the FIT program but will focus primarily on some of the innovative solutions being supported and how these solutions are improving the lives of women, girls and their communities.



Christina MacIsaac



Fund for Innovation  
and Transformation

Fonds pour l'innovation  
et la transformation



Bar Opens: 11:30 Lunch: 12:00 Speaker: 1:15 pm

Lunch Menu \$23 - Salmon with Mango Salsa, Rice Pilaf, Broccoli, & Strawberry Shortcake

Register for this event [online](#), by emailing [uwc@mymts.net](mailto:uwc@mymts.net), calling 204-954-7880, or signing up at UWC. Please indicate whether you will be attending the lunch and program, or program only.

Payment upon registration is preferred but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Registrations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).



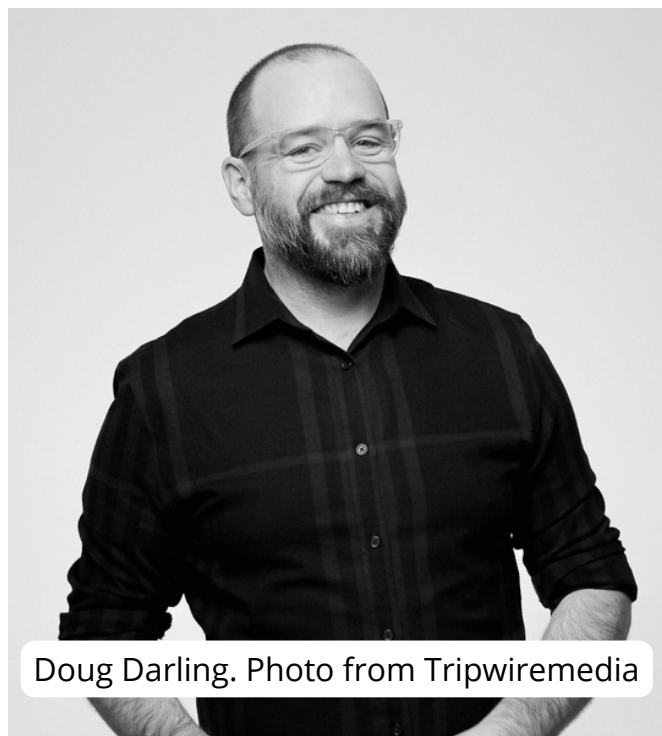


UNIVERSITY  
**WOMEN'S  
CLUB**

## UWC - ENGAGE DINNER AND SPEAKER

Escaping Oppression to Find Peace  
and Refuge in Canada

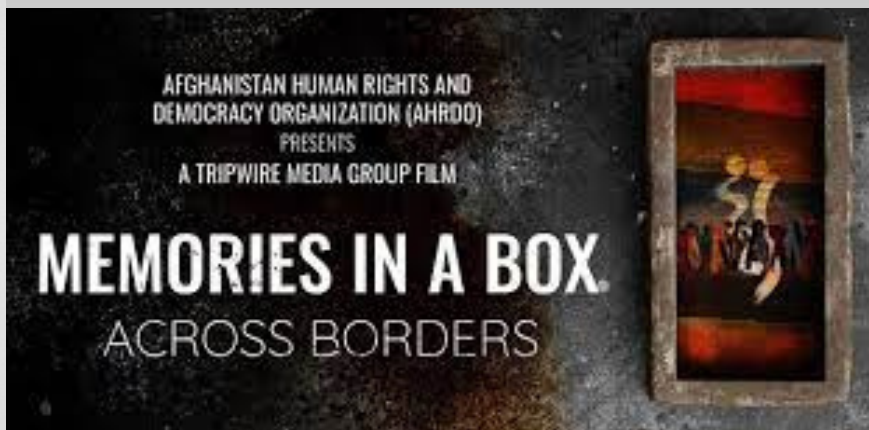
On **March 27** UWC will be joined by local filmmaker **Doug Darling**, CEO of Tripwire Media Group. He will be showing and commenting on his short film, *Memories in a Box: Across Borders*. The film features footage recorded as members of the Afghanistan Human Rights and Democracy Organization (AHRDO) took unpredictable – and dangerous – steps across borders to escape war conditions and oppression in Afghanistan in search of peace and refuge in Canada.



Doug Darling. Photo from Tripwiremedia

# TRIPWIRE

MEDIA GROUP



**Bar Opens: 5:00 Dinner: 6:00 Speaker: 7:15 pm**

Dinner Menu \$35 - Chicken Breast Stuffed with Brie and Craisins, Potatoes Croquette, Green Beans Almandine, Spinach Salad, & Chocolate Silk.

Register for this event [online](#), by emailing [uwc@mymts.net](mailto:uwc@mymts.net), calling 204-954-7880, or signing up at UWC. Please indicate whether you will be attending the lunch and program, or program only.

Payment upon registration is preferred but may be received at the door by cash or cheque. Refunds will be provided with a minimum 24 hour notice. Registrations without payment in advance will be charged the full fee if not cancelled 24 hours before the event (some exceptions apply).

## Power of Print 2024: Under the Radar

Tuesday mornings from April 9 through May 14.

**Members: \$65 for the 6-part series   Non-members: \$80**

Are you looking for something "different" to read? Not enchanted by current best seller lists? Expand your horizons and join us as our new series 'Under the Radar' uncovers authors and genres that may be overlooked, underrated, or forgotten.

Our six experts will share some of the lesser-known writers and subjects that fascinate them. These may be unfamiliar to you now, but come to enjoy a lively mix of lecture and discussion to launch your exploration after the course.

**April 9:** Charlene Diehl "Hiding in Plain Sight: Exploring New Territory in Contemporary Writing"

**April 16:** Pam Perkins "Spirit of Enlightened Curiosity: British Women Travellers in Post-Napoleonic Europe"

**April 23:** Michael Bumsted "Did Goodreads Kill the Cult Classic?: How the New Media Landscape is Making it Harder for Mystery Writers to Build Under the Radar Success"

**April 30:** David Annandale "The Joy of Fear: An Introduction to Horror Fiction"

**May 7:** Lucas Tromly "Echotourism: Re-Enacting Historical Journeys"

**May 14:** Vanessa Warne "Against the World: The Poetry of Michael Field"

**Presentations start at 9:45 and run until 11:30.** Come at 9:15 for your choice of beverage, and sign up for lunch after each presentation!

**Course fee:**      Members: \$65              Non-members: \$80

**Registration begins Tuesday, March 5.** Sign up by email to [uwc@mymts.net](mailto:uwc@mymts.net), by calling UWC at (204) 954-8770, or online [here](#). You can also visit UWC at 54 West Gate Tuesday through Thursday from 9:30 to 4:30. We are asking everyone to pay when you register - cash, cheque, debit and e-transfer to [uwcfm@mymts.net](mailto:uwcfm@mymts.net) all work!

**Come learn with us!**

# Current Issues & Actions



Looking forward to Spring? Get ready for a new batch of proposed resolutions from CFUW. In March we will receive the work of clubs around the country and have the opportunity to review, comment, and suggest amendments to their proposed resolutions. In this, we are part of the national advocacy of CFUW.

**Raising Awareness** is a pivotal step in the CFUW Advocacy Framework. Lately the Current Issues and Actions committee has been raising your awareness to maternal mortality in Canada.

Here is another shocker of a statistic:

**Since the 1990s the Maternal Mortality Ratio (MMR) in Canada has increased from 5.1 to 11.9 per 100,00 live births!** (This statistic is quoted by the the Society of Obstetricians and Gynecologists of Canada. )

In following up on the CFUW resolution re maternal mortality, we sent letters of advocacy to each Member of Parliament from Manitoba. **In March we look forward to meeting with Raquel Dancho, MP for Kildonan - St. Paul, who responded to our letter.**

The recent tragedy in Carman weighs heavily on our minds. We have many questions for the justice system, the child protection system and the mental health system. The issue of gun violence and especially of gender-based violence is once again in the front of mind.

How might we raise our voice of ongoing concern? **Each year we can participate in the 16 Days of Activism against Gender-Based Violence which runs from November 25 the International Day for the Elimination of Violence Against Women until the Human Rights Day December 10.**

## Single-Use Plastics

Are you remembering to do your part in reducing the use of plastic bags, plastic cutlery, plastic and styrofoam plates? I notice that Boston Pizza now sends home leftovers in a reusable and microwaveable container. It's hard to change our habits.

Congratulations for every effort you make!

**WE**  **OUR MEMBERS**



International Women's Day will feature a Virtual Film Screening! Celebrate International Women's Day (March 8) with CFUW by viewing the film "City Dreamers". Click [HERE](#) to register to receive one of 100 viewing spots for the film. You can view the film anytime from February 28 to March 6, 2024, at a time convenient to you.

If you are interested in receiving weekly updates about CFUW, I encourage you to subscribe to the CFUW Action Newsletter - You can subscribe [here](#).

*A final note of thanks to all who came out to the Conversation Circle on Tuesday, February 20. As a continuation of our conversations about allyship, below is information about Ma Mawi's formal wear drive*

Mary Scott - CFUW Liaison & RD Manitoba



MA MAWI WI CHI ITATA CENTRE  
*We all work together to help one another.*

**GRADUATION FORMALWEAR DRIVE**

**DONATION CALL OUT!**

The 2024 Ma Mawi Wi Chi Itata Indigenous Graduation Formalwear-Drive is officially live.

Ma Mawi is looking for donations for all sizes and all genders. We are accepting formal dresses, dress pants, dress shirts, ribbon skirts, ribbon shirts, and formal shoes. To arrange a drop off of donations at 445 King, please email Tierra at [tmckay@mamawi.com](mailto:tmckay@mamawi.com).

To support in another way, Ma Mawi is also accepting monetary donations. Support for 1 graduate is equal to \$200 - they are accepting any denomination toward that and are appreciative of all contributions toward supporting Indigenous Youth. **Ma Mawi Wi Chi Itata, 445 King St., Wpg., R2W 2C5.** Donations should be marked for the Grad Formalwear drive and will receive a tax receipt.



# Tulip Time with AMAWATERWAYS®



Join UWC members on an adventure of a lifetime to Belgium and the Netherlands with AmaWaterways! Scheduled for early 2025, now is the time to add your name to the list!

If you're interested in learning more, travel agent Natalie Schillberg will be visiting the club on **Tuesday, March 19th at 11 a.m.** to answer questions!



Contact UWC at 204-954-7880 for more information.

## Out to Lunch Bunch

On Wednesday, March 6th the Out to Lunch Bunch will be going to **Frankie's Italian Kitchen, 505 Sterling Lyon Parkway** (south on Kenaston and right on Sterling Lyon Parkway).

Dianne B., Convenor

## WEDNESDAY Afternoon Book Club

Our Book Club will now meet on the **second Wednesday of the month**

On **Wednesday, March 13th** Anne D. will present Run Towards The Danger by Sarah Polley.

On **Wednesday, April 10th** Agnes C. will present The Dictionary of Lost Words by Pip Williams.

Club members are welcome at all presentations.

Agnes C., Convenor

# Social Bridge

Social Bridge continues to be played on the second and fourth Tuesdays of each month, which will be **March 12th and 26th**. New members are most welcome.

Heather M., Convenor

## Contemporary Literature Book Club

All club members are welcome to join the members of the Contemporary Literature Book Club meeting on **Tuesday, March 5th** to discuss and review **LITTLE FIRES EVERYWHERE** by Celeste Ng. This is a novel about class, race, family and the dangers of status quo. Remember to sign up for lunch.

Judy M.



Scrabble and Babble will be on **Wednesday, March 20th**.

All are welcome!

Dianne B., Convenor

## Mystery Readers

Mystery Readers will meet **Wednesday, March 27**.

We will discuss Peter Robinson's last Inspector Banks novel "Standing in the Shadows".

All are welcome to attend.

Dianne S., Convenor



## Mahjong

Mahjong will now be held on the **first and third Tuesday of the month**. In March we will play on the **5th and the 19th**.

Agnes C., Convener





# March Menus

Regular Tuesday lunches are \$23.00. The cash bar opens at 11:30 and lunch is served at noon. Dinners are \$35, with the cash bar opening at 5:00 and dinner at 6:00. These meal costs include buns, coffee/ tea, taxes, and gratuity.

Reservations are a must and should be made before end of day Thursday each week by signing up at UWC, by phone, or by email. **Cancellations require 24 hours notice to avoid penalty.** Menu substitutions are available if requested in advance.

## March Tuesday Lunches

March 5th **Express Lunch.** Clam Chowder, Assorted Sandwiches, Dainties.  
\$14 per person

12th Chicken Souvlaki, Lemon Roasted Potatoes, Greek Salad, Garlic Toast,  
Gingerbread with Warm Lemon Sauce

19th Beef Vegetable Stir Fry, Rice, Cherry Pie with Ice Cream

26th **Express Lunch.** Grilled Cheese, Bacon, and Tomato Sandwich, Tossed Green  
Salad, Fruit Cup and Cookie. \$14 per person

## Program Lunch Friday, March 8th - **International Women's Day**

Salmon with Mango Salsa, Rice Pilaf, Broccoli, & Strawberry Shortcake

## Program Dinner Wednesday, March 27th.

Chicken Breast Stuffed with Brie and Craisins, Potatoes Croquette, Green Beans  
Almandine, Spinach Salad, & Chocolate Silk.

**Reservations are required for all meals** and can be made by signing up online, at 54 West Gate or contacting [uwc@mymts.net](mailto:uwc@mymts.net) or 204-954-7880. **Please indicate any special preferences (seating, parking, etc.) at the time of registration.**

# MARCH 2024

SUN

MON

TUE

WED

THU

FRI

SAT



May your thoughts be as glad as the shamrocks. May your heart be as light as a song. May each day bring you bright happy hours, that stay with you all year long.



3

1:30 - How to Watch  
Movies Week 2

4

**5 Last day for  
auction donations**  
- Mahjong  
11:30 - Bar Opens  
12:00 - UWC Lunch  
- Contemporary Lit.  
Book Club

6

- Out to Lunch at  
Frankie's Italian Kitchen

7

- House and Grounds  
Meeting  
- Sunroom Group

8

**International  
Women's Day**  
11:30 - UWC and Bar  
Open  
12:00 - Program Lunch  
1:15 - Speaker Christina  
MacIsaac

9

**Daylight Saving Time  
SPRING FORWARD**  
Set your clocks ahead one hour!

10

1:30 - How to Watch  
Movies Week 3

11

**12 Last day to bid on  
auction items**  
- Program Committee  
11:30 - Bar Opens  
12:00 - UWC Lunch  
- Social Bridge  
- Food Services Committee  
Meeting

13

- Wednesday Afternoon  
Book Club

14

- Nominating Committee  
- CIA Meeting  
- Finance Committee  
- Sunroom Group  
- Membership Committee  
4:00 - Trivia Bar 54 - prizes for  
the winning team!

15

External Booking

16

17

**Happy  
St. Patrick's  
Day**

18

**19**  
- Mahjong  
11:00 - Tulip Time Meeting  
11:30 - Bar Opens  
12:00 - UWC Lunch  
- Board Meeting

20

- Scrabble & Babble  
- FRCH AGM

21

- Writing Group  
- Sunroom Group

22

23

24

25

**26**  
- Con. Ed. Meeting  
11:30 - Bar Opens  
12:00 - UWC Lunch  
- Social Bridge  
- Food Services Meeting

27

- Mystery Readers  
5:00 - Bar Opens  
6:00 - Program Dinner  
7:15 - Speaker Doug  
Darling

28

- Sunroom Group

29

30

31

**HAPPY  
Easter**



"You gotta try your luck at least once a day, because you could be going around lucky all day and not even know it." - Jimmy Dean