

HIGHLIGHTS FROM THE UNIVERSITY WOMEN'S CLUB OF WINNIPEG



May 2024

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Co-Presidents' Message

May 1 marks the beginning of the new year for the University Women's Club. It is truly encouraging to see the steady announcement of new members every month in the Bulletin. New faces and talents bring new possibilities for conversation, collaboration and friendships. If you are a new member, don't be shy to ask how things work or how you might get involved. And if you have been a member for a while, find someone new to talk to! We all bring interesting backgrounds and life experiences to the times we share at Ralph Connor House.

Coming up soon is our **Mother's Day Brunch on May 12!** This buffet offers great choices - something for everyone - and is great value for money. Even better, some of the proceeds come back to the club to support all the programs and activities in the year ahead. See the details elsewhere in this Bulletin for pricing and how to register. **Deadline to sign up is May 8th.**

Another big date coming up is Heritage Winnipeg's annual **Doors Open**, the last weekend in May. Ralph Connor House will be open on **Sunday May 26**. We need people to help with this opportunity to showcase our much-loved beautiful heritage home to the broader community. See the sign-up sheets in the red binder in the hallway and/or ask Penni Churko how you can help.

Another major date in our calendar is the **AGM, Wednesday, May 29**. Mark your calendars and plan to be there! A chance to hear about important milestones in the year past and plans for the new year ahead. If you are a committee chair or an activity group convenor, **please submit your annual reports by May 8** so that members will have a chance to read them online before the meeting.

It's still early days in our new three-day model for the club. We hope it has been working for you and that you are enjoying all your usual favourite events and activities. It is a work in progress and Club staff and management are doing their best to make things run as smoothly as possible. If you have any suggestions, feedback or questions, please let us know.

Ellen and Sue

Management Matters



Congratulations to everyone for making the transition to the Club's 3-day week as smooth as possible. As we all adjust our schedules, keep advance booking for Club meals, particularly Tuesday lunches, in mind. Ideally bookings should be placed anytime during the 3-day Club week preceding the lunch date. This ensures that Craig has as a close-to-accurate count for lunch to ensure enough food and any special accommodations and to limit waste. Bon appétit!

Linda W., VP Management

Communications and Membership News

May is Membership Renewal Month

Well that was a fast year!!!! May is Membership Renewal Month so **all members (excluding those in the introductory year) will soon find your renewal notice in your INBOX!** If you have any questions please email Ali at uwcmember@mymts.net. Many members have appreciated the option to submit online coupled with an etransfer to uwcfm@mymts.net. Printing the form and sending a check is also popular and if you prefer to come into the club to pay we can accept cheque or debit as well. Thanks in advance for your prompt response.



Since the introduction of the \$100 New Member Introductory Membership fee in 2022, 48 new members have joined our UWC community. And we are proud to say that of these 48 new members, 41 have continued their membership into their 2nd and 3rd year!

That's an 85% renewal rate!!!

Congratulations to all for making UWC a wonderful community of fun and fellowship! You, the members, are UWC's best ambassadors! So please continue encouraging your friends to give UWC a try. \$100 is a small investment in a future of friendships!

FORGET FLOWERS - TREAT YOUR MOM TO MORE THIS MOTHER'S DAY



With a membership to the **University Women's Club of Winnipeg**

This Mother's Day, give the gift of friendship and belonging. The **UWC Gift of Membership** is a terrific gift that continues all year long. For only \$100 for the first year, a membership at UWC is a great way to introduce that special someone to a lifetime of friendships! Contact Ali at uwcmember@mymts.net for more information.



Debby B., Membership Chair

Join the University Women's Club!



UNIVERSITY
**WOMEN'S
CLUB**

Date _____

Name _____

Address _____

City _____

Postal Code _____

Home Phone _____

Cell Phone _____

Email _____

Birthday _____

Emergency Contact Name _____

Phone Number _____

Post Secondary Education (degree, certificate, etc.) and Names of Institutions

Career / Occupation

Interests

How did you hear about the club?

Is there anything else you'd like to share about yourself to club members?

Special 1st Year Rate (\$100) Full (\$462) Student (\$75)

Payment may be submitted by e-transfer to uwcfm@mymts.net, by cheque to the University Women's Club of Winnipeg, or in person at 54 West Gate. This form may be filled out online by clicking [HERE](#).

UNIVERSITY WOMEN'S CLUB OF WINNIPEG
54 West Gate, Winnipeg, MB R3C 2E1 • www.uwcwpgmb.com

In Case You Missed It... Recent Photos from UWC



Senator Marilou McPhedran engages the crowd and shows off UWC's new mugs!



Power of Print Speaker Michael Blumsted



Catherine C. lead a great Calligraphy and Wax Seal class as part of the Goods & Services Auction



WOW! A stunning Goods and Services Auction Easter Cake made for Janice by Doris Mae!

We'd love to see your photos from Ralph Connor House!

Send them to uwcmember@mymts.net and we will feature them in the next issue!



Our member models looked fabulous at the recent UWC Fundraising Fashion Show.

Program Committee

Our April programs were engaging and interactive. Thanks to all who joined us. You always bring your curiosity and positive energy to these community gatherings.

At our **April 12** lunch program, **Jay Allardyce** gave us a taste of what it is like to soar. We were delighted to learn about gliding as Jay told us about using gravity and thermals, not engines, to have amazing experiences in the skies.

Our **April 24** supper program continued our Women and Leadership series. We were honoured to welcome **Senator Marilou McPhedran**. She warmly and incisively shared experiences of tirelessly advocating for women and global justice, and gave us a glimpse of how work gets done in the senate.

We might host programs over the summer, but primarily, the committee now turns our attention to our programs for next year. **Our next committee meeting is June 4 at 10 a.m.** where we will brainstorm possible topics and speakers. **Please join us if you can**, as a visitor and / or prospective member, or send suggestions to me at rosalynhoward204@gmail.com.

Thanks to the committee and club staff for everyone's help in putting together our year of interesting, engaging programs, and to Craig and crew for the tasty meals and great service.

Ros Howard for the committee: Sue B., Debby B., Marg C., Sherratt M., Ellen P., Carolynne P., and, yay, new committee member Patti B.



From right to left: Divya Sharma; incoming VP - UMSU, Rosalyn Howard, Sherratt Moffatt, Mary Scott, the honourable Senator Marilou McPhedran, and Muriel Smith



Susan Blacklin

WHAT ABOUT WATER?

THURSDAY - MAY 23RD

Breaking news! Save May 23rd at 1:30 for another engaging conversation at the club!

Many UWC members love "their lake", and now or in the past have spent wonderful times there. Also, we enjoy clean drinking water here, and as club members, acknowledge the source of Winnipeg's water from Shoal Lake 40 First Nation. We may well take our wonderful waters for granted, something many people in Indigenous communities cannot do.

We are excited to welcome **water activist and author Susan Blacklin** to the club on **Thursday, May 23, 1:30 – 3:00**, for an informal conversation circle. Susan and her late ex-husband Dr. Hans Peterson joined forces with scientists from around the world to establish the registered national charity, the Safe Drinking Water Foundation. The SDWF developed accredited education programs for schools across Canada, while also educating the general public and Water Treatment Operators from Indigenous communities.

Susan has written ***Water Confidential: Witnessing Justice Denied***. *Water Confidential* is an unabashed, insider's perspective of supporting dozens of communities searching for solutions to their water problems. There has been progress, but also decades of hollow promises and inaction, and a largely marginalized population continues to live with boil water advisories and threats to their health. This important work also takes a professional and personal toll on those doing it. In this passionate and timely memoir, Susan Blacklin shares her experiences with fundraising, activism and lobbying work.

Did you know that in 2017 we put forward a resolution to CFUW on this issue? What can we do now? Bring your questions and your experiences and engage with Susan. Read the book in advance if you can, and bring it for Susan to sign. (She may have some with her to purchase, as well.)

There is no charge and light refreshments will be available. Sign up today using our [online submission system](#), by emailing uwc@mymts.net, calling UWC at 204-954-7880, or in person at 54 West Gate.

Mother's Day Brunch

SUNDAY, MAY 12th, 2024

Bar opens at 11:00 am.

Buffet service at 11:30 am. (1 sitting)

Adults \$65

Children 5-12 \$20

Children under 5 Free

Reserve by: **WEDNESDAY, May 8th**

Reserve your space at www.uwcwpgmb.com,
by emailing uwc@mymts.net, calling
204.954.7880 or visiting the University
Women's Club, 54 West Gate. Open Tuesday
to Thursday from 9:30-4:30.

Payment due upon reservation by e-transfer to
uwcfm@mymts.net, by cheque made out to
the University Women's Club, or debit onsite.



RALPH CONNOR HOUSE
54 West Gate

Join us to enjoy a delicious
brunch at historic **Ralph
Connor House!**

Here's a wonderful way to
honour mothers and other
women who have made a
difference in your life or just to
spend time relaxing with
family and friends - **no
cooking required.**

MENU

Eggs Benedict with Smoked Salmon or Ham
Omelette Station • Scrambled Eggs
Bacon • Sausages • Hash Browns
Chilled Salmon • Sliced Beef
Tossed Salad • Caesar Salad
Veggies & Dip • Cheese Tray

DESSERT TABLE

Fresh Fruit • Dessert Crêpes • Carrot Cake

BEVERAGES

Coffee • Tea • Soft Drinks • Juices

CASH BAR

Mimosas • Caesars • Specialty Mocktail
Wine • Beer



RCH

R A L P H C O N N O R H O U S E



Let the Ralph Connor House at 54 West Gate be the backdrop to your perfect day.

Whatever you're planning, our event specialists will ensure your event exceeds your expectations. Visit our [website](#) to learn more.



Photography by [New Copper Photography](#), styled shoot by [Ann & Co.](#)

Hello Everyone,

Just a reminder that FRCH will be participating in **Heritage Winnipeg's - Doors Open** again this year. The date of our event will be **Sunday, May 26, from 11:00 a.m. to 5:00 p.m., with the last tour at 4:30.**



FRIENDS OF THE
RALPH CONNOR
HOUSE INC.

Please see the sign-up sheets in the binder at the club re: Tour Guides and Volunteers for the day, and pick a time slot that works for you! And don't forget to sign-up for the lunch that will be provided.

Thank you, take good care 😊

Your Friends of The Ralph Connor House Inc. Board of Directors

Penni Churko, President
(204) 757-2274 or teddy.brs47@gmail.com

Current Issues & Actions



Our committee continues to "spring" into action.

In addition to advocating nationally for the CFUW resolution on Maternal Mortality, we have begun advocating closer to home. We have learned that in the past, Manitoba had its own maternal mortality review conducted by the Manitoba College of Physicians and Surgeons. In 2021, funding for the College to continue with the review was eliminated. Now the initiative for a review of maternal mortality falls under the jurisdiction of Shared Health. We have urged the Premier and the Minister of Health to restore a maternal mortality review in Manitoba.

Although the 16 Days of Activism Against Gender Violence is months away, we have made initial contacts with interested parties including the Lieutenant Governor Anita Neville and the Mayor's office. **Stay tuned for further developments.**

Are you aware of an Indigenous women's group in the creative arts that we might nominate for a CFUW scholarship for their work? **Please let us know.**

Watch for a mention of our work on decorum in the CFUW Newsletter. If you are not getting the CFUW newsletter you may subscribe at: <https://www.cfuw.org/>

Enjoy the arrival of spring!

Our next meeting is Thursday, May 9th at 1:30 pm. Join us for some interesting discussion.

Shelagh M.i



cfuw
UWC WINNIPEG

Realizing potential.
For all women.

CFUW is gearing up for a very informative and busy AGM in July, in Edmonton. The work of the Board, the Staff, the Regional Directors - representing all of Canada - is impressive.

Many of us met Joy Hurst, current President of CFUW, and appreciate the commitment and leadership she brought to CFUW. I know there will be excitement for all who attend, as CFUW members gather for the first time in person, after a few years. Thank you to Sandy Millen who will be representing UWCW, and carrying our vote. And a reminder to please bring some small donations for the Charitable Trust Boutique to the Club. Sandy is coordinating and managing the Boutique with items donated from across Canada. All money raised goes to the Charitable Trust, the CFUW Scholarship Fund. Check out more about the AGM [here](#).

As Regional Director, I had the opportunity to connect (by ZOOM) on several occasions with other RD's from across Canada, and am impressed with the wonderful work that is going on. We can gain from the sharing, and also other Clubs can gain from us!!

The recent CFUW Newsletter is a Special Edition for Earth Day - some great background and information - for example Towards a Planet Beyond Plastic. Also Earth Day Tips for Taking Action. There were some good suggestions there. I also appreciated the article on Encouragement for Anxious Children and Those Who Love Them. And did you know [a large study](#) has found that 1 in 10 premature births are linked to phthalates (chemicals in personal care products and plastics).

Do register for the CFUW Advocacy Newsletter, which comes out every Friday - Register [here](#).

Tammy Christinsen from Ma Mawi sent the following message: A special thank you to everyone who donated formal wear, jewelry, money to make this year's Grad Formal Wear Drive a true success. It is a gift to walk with graduates during this time of celebration.

If you are interested in coming to the 4th Annual MMIWG2S+ Walk for Justice, let me know. It is on May 5th, 6:00 pm. All are welcome. There is no cost.

Also, the **Manito Ahbee Pow Wow** is coming up from **May 17th to 19th** at Red River Exhibition Park. If interested in attending, or finding out more, so let me know. It's a really wonderful event.

And big thank you to Shelly McFadyen for having her name come forward for the CFUW Liaison and CFUW Regional Director Position. It's a great opportunity for her, and we will all benefit.

Mary Scott - CFUW Liaison and RD Manitoba

cfuw fcfdu **SAVE THE DATE**

2024
CFUW-FCF DU
AGM & CONFERENCE

Sandman Signature Edmonton
Downtown Hotel
July 22nd - July 24th, 2024
Edmonton, AB
Code: 2407CFUW20



Tulip Time with AMAWATERWAYS®



Join your fellow members on an adventure of a lifetime to Belgium and the Netherlands with AmaWaterways!

Cruise dates have been set for March 31st to April 7th, 2025.

The deadline for early registration has been extended to June 30, 2024!



This trip is open to members and non-members, so be sure to invite your friends to come along! The sign up sheet is in the foyer of UWC. A \$200 deposit to UWC is required to save your place. Please note this deposit is in support of the Club and is non-refundable or returnable.

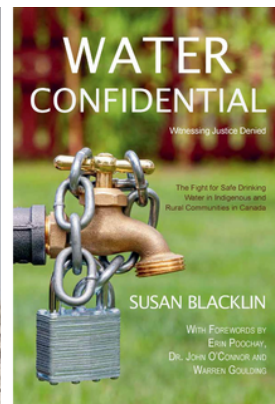
Sister CFUW Member from the Parksville Club authors Water Confidential: Witnessing Justice Denied - The Fight for Safe Drinking Water

An Evening with Susan Blacklin

Friday, May 24th at 7:00 p.m. - Grant Park McNally Robinson

Let's show our support for our sister CFUW member Susan Blacklin who is coming to Winnipeg as part of a cross country book launch to read from her memoir which recounts her decades-long dedication to secure drinking water for First Nations and rural communities in Canada.

Click [here](#) for more information.



All royalties from Susan's memoir will be donated equally to [The Safe Drinking Water Foundation](#) and [Keepers of the Water](#).

UWC Activity Groups

Social Bridge

Social Bridge has been played on the second and fourth Tuesday afternoons of each month. We have been happy for the return of a former member, and for a new member.

In May we will play on the 14th and the 28th.

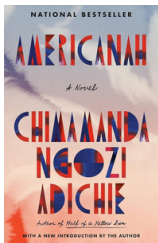
New players are welcome. If you are interested, you are welcome to come and observe.

Heather M., Convenor

Wednesday Afternoon Book Club

We meet on the second Wednesday of the month.

May 8: Catherine Charette will present *Americanah* by C.N. Adichie



June 12: Finalizing 2024/25 book list, Hidden Gems and Bring and Take a Book

Agnes C., Convenor

Contemporary Literature Book Club

On April 13th, eight members of the Contemporary Literature Book Club attended the Women's Musical Club of Winnipeg's Gala featuring Tomson Highway, author of *PERMANENT ASTONISHMENT*, our October book club pick.

Tomson Highway is an astonishing man with many talents.

On May 7th, we will be discussing *WHERE THE CRAWDADS SING* by Delia Owens. All club members are welcome.

Judy McDonald, Convenor



Mahjong

We normally now meet on the first and third Tuesday of the month.

In May we will meet on **Thursday the 16th** and **Tuesday the 28th** (changed due to external events booking).

Agnes C., Convenor

WE  OUR MEMBERS

Scrabble N' Babble

Scrabble and Babble will be held on **Wednesday, May 15th**.

Please note that we will be playing at **10 a.m.**

Dianne B., Convenor

Out to Lunch Bunch

Our next Out to Lunch is on **Wednesday, May 1st** at **Prairie's Edge Restaurant** in Kildonan Park. Hope you can join us!

RSVP by April 29th.

Dianne B., Convenor

Calling all members!

If you are interested in organizing a new interest group, please contact V.P. Activities Sherratt M. C/O the UWC office at uwc@mymts.net for more information.



May Menu

All Tuesday lunches are \$23.00. The cash bar opens at 11:30 and lunch is served at noon. Meal costs include buns, coffee/ tea, taxes, and gratuity.

Reservations are a must and should be made before end of day Thursday each week by signing up at UWC, by phone, or by email. **Cancellations require 24 hours notice to avoid penalty.** Menu substitutions are available if requested in advance.

Tuesday Club Lunches

May 7th - Chicken and Mushroom Crepes, Mixed Green Salad with Vinaigrette Dressing, & Lemon Tart with Whipped Cream

14th - Cajun Shrimp Skewers, Rice, Asparagus, & Chocolate Cake

21st - **Express Lunch. \$14.** Chicken Caesar Salad, Garlic Toast, & Apple Pie

28th - Frittata with Red Peppers and Creamy Havarti Cheese, Spinach Salad, & Fresh Fruit and Cookies

Please note there are no Program speaker events planned for May.

Reservations are required for all meals and can be made by signing up online, at 54 West Gate or contacting uwc@mymts.net or 204-954-7880. Please indicate any special preferences (seating, parking, etc.) at the time of registration.

Ellen Peel

Mother's Day Brunch

SUNDAY, MAY 12, 2024

Click [HERE](#) to learn more

Join us to enjoy a delicious brunch at historic **Ralph Connor House!** A wonderful way to honour mothers and other women who have made a difference in your life or just to spend time relaxing with family and friends - no cooking required.

MAY

SUN	MON	TUE	WED	THU	FRI	SAT
5 External Booking	6	7 9:30 - Con. Ed.'s Under the Radar, week 5 • 11:30 - Club Lunch • 1:00 - Contemporary Literature Book Club	8 • Wednesday Afternoon Book Club • Last day to RSVP for Mother's Day Brunch - AGM reports due	9 • Membership / Comms Meeting • Finance Committee • Sunroom Group • CIA Committee	10 External Booking	11 External Booking
12 HAPPY <i>Mother's Day</i> • Bar Open - 11:00 • Buffet Service - 11:30	13	14 9:30 - Con. Ed.'s Under the Radar, final week • 11:30 - Club Lunch • Social Bridge • Board Meeting	15 • Scrabble & Babble • Continuing Ed. Committee Meeting	16 • Mahjong • Writing Group • Scholarship Committee • Sunroom Group	17 External Booking	18 External Booking
19 External Booking	20  <i>Victoria Day</i>	21 • 11:30 - Club Lunch	22 June Bulletin Deadline	23	24 External Booking	25 External Booking
26  Tours running 11:00 to 5:00	27	28 • Mahjong • 11:30 - Club Lunc • Social Bridge	29 • AGM Refreshments • UWC AGM	30 • Sunroom Group	31 External Booking	31 External Booking

The University Women's Club acknowledges that we are on Treaty 1 Territory, the ancestral lands of the Anishinaabeg, Cree, Oji-Cree, and Dakota and the Dene peoples and the homeland of the Metis Nation. We acknowledge that our water is sourced from Shoal Lake 40 First Nation. As treaty people we seek to live in respect on this land and live in peace and friendship with all our relations.